

ANOTHER BLUE MONDAY

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RECORD: Coll 6051-A "Blue Monday" Fats Domino, avail Palomino
FOOTWORK: Opposite unless otherwise noted
RHYTHM: WEST COAST SWING SPEED: 45 rpm
PHASE: RAL PHASE IV + 1[trpl trav & roll]
SEQUENCE: INTRO A B A(1-8) C B END RELEASE: December, 2000
Corrected 1/01

MEAS: INTRO

1-1 $\frac{1}{2}$ WAIT 1 MEAS; STEP TURN POINT,

15-EI M fcg COH lead ft wgt'd sd by sd w/ptr, hold,-,-(W fcg COH
lead ft wgt'd L arm bent w/hnd beh head, hold,-,-);

$\frac{1}{2}$ bk & sd R swvl LF to fc ptr, pnt L twrd ptr RLOD(W bk & sd L swvl
RF to fc ptr, pnt R twd ptr LOD,)

PART A

15-16 SUGAR PUSH-SUGAR TUCK & SPIN;;; KICK BALL CHNG x 2:

15-16 {SUGAR PUSH} bk L, bk R, tch L to R, fwd L; beh R/sd L, sd R,
{SUGAR TUCK & SPIN} bk L, bk R to tight BFLY low hnds; tch L
to R; fwd L raise jnd lead hnds soft pull on trail hnds, X R beh I/
sd L, sd R(W fwd R, fwd L slight RF trn to tight BFLY; tch R to L,
trng RF fwd R & free spin RF to fc ptr, X L beh R/sd R, sd L);

15-n (KICK BALL CHUGS) kick L, stp L/R, kick L, stp L/R;

15-16 LEFT SIDE PASS-SD CL;;; SAILOR SHUFFLES:

15-16 {LEFT SIDE PASS) bk L trng LF, clo R leadg W to M's L side, fwd
L/cl R, fwd L fc wall(W fwd R, fwd L passing on M's L sd, fwd R/L,
R trng LF ovrtrn to fc wall);; XRIB of L/sd L, sd R, sd L, cl R(W
bk L/cl R, fwd L, sd R, cl L);; sd L, cl R, sd L, cl R;

15-0 (SAILOR SHUFFLES) XLIB of R/sd R, sd L, XRIB of L/sd L, sd
R trng to fc ptr & RLOD;

15-16 U/A TRN TO TRPL TRAVEL WITH ROLL-SUGAR PUSH;;;;;
U/A TRN & POINT;;

15-[] (U/A TRN) bk L trng RF, fwd R twd W's R sd trng RF, fwd L/cl
R, fwd L to R hnd star M fcg COH(W fwd R, fwd L, undr jnd
Lead hnds fwd R/fwd L, fwd R trng LF to fc Wall);

15-16 {TRPLE TRAY WITH ROLL) chsse R/L, R, roll RF $1\frac{1}{2}$ trns L, R, to L
hnd star M fcg Wall(W chsse L/R, L, roll RF $1\frac{1}{2}$ trns R,L);; chsse
L/R,L both trn LF'/2 to R hnd star, chsse R/L,R both trn RF to L
hnd star M fcg Wall; chsse L/R, L roll LF R,L LOP fcg Ptr & LOD;
XRIB/sd L, sd R, bk L, bk R; tch L to R, fwd L, beh R/sd L, sd R;

15-16 {UIA TRN & PNT} bk L trn RF, fwd R trng RF, fwd L/cl R, fwd L
(W fwd R, fwd L undr jnd lead hnds, fwd R/L, R trng LF);; XRIB
of L/sd L, sd R, pnt L to Wall,-(W bk L/cl R, fwd L, pnt R,-);

PART B

- 1-4 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;
1 {SAILOR SHUFFLES}XLIB of R/sd R, sd L, XRIB of L/sd L, sd R;
2-3 {CHICKEN WLKS} bk L, bk R, bk L, bk R leading W to swvl(W
swvl fwd R, swvl fwd L, swvl fwd R, swvl fwd L.);
4 {THROWOUT} sd L/cl R, sd L strt LF trn $\frac{1}{4}$, XRIB of L/sd L, sd
R(W sd R strt LF trn/cl L, cont LF trn bk R, bk L/cl R, fwd L.);
- 5-8 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;
5 (SAILOR SHUFFLES) REPEAT MEAS 1 PART B;
6-7 {CHICKEN WLKS} REPEAT MEAS 2 & 3 PART B;
8 {THROWOUT} REPEAT MEAS 4 PART B;

PART A (1-8)

- 1-4 SUGAR PUSH-SUGAR TUCK & SPIN;;; KICK BALL CHNG X 2;
5-8 LEFT SIDE PASS--SD CL;;;SAILOR SHUFFLES;
1-8 REPEAT MEAS 1-8 PART A,,,,,;

PART C

- 1-8 WRAPPED WHIP;; SIDE BRKS;; WRAPPED WHIP;; SIDE BRKS;;
1-2{WRAPPED WHIP} jn both hnds bk L, rec R trn $\frac{1}{4}$ RF, brng jnd
hnds ovr W's head sd L/clo R cont RF trn, sd & fwd L in wrap
pos(W fwd R, fwd L, fwd R/cl L, bk R.); XRIB of L trng RF
release trail hnds, sd L trng RF, sd R/clo L, sd R(W bk L, bk R,
bk L/cloR, fwd L.);
3-4{SIDE BRKS} foot action only sd L/sd R, cl L/cl R to L; sd L/sd
R, cl L/cl R to L;
5-6{WRAPPED WHIP} REPEAT MEAS 9 & 10 PART A;;
7-8{SIDE BRKS} REPEAT MEAS 11 & 12 PART A;;

REPEAT PART B

- 1-8 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;SAILOR
SHUFFLES; CHICKEN WLKS;; THROWOUT;
1-8 REPEAT MEAS 1-8 PART B,,,,,;

END

- 1-6 U/A TRN TO TRPLE TRAY WITH ROLL-SUGAR PUSH & POINT,,,,;
1-6 REPEAT MEAS 9-13 PART A,,,,; finish sugar push & pnt L to sd L
1-7 arm extended twd ptr(W pnt R to sd L hnd beh head);