

American Bandstand

CHOREO: Irv & Betty Easterday, Presented by: Elaine Funk

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MUSIC: S*T*A*R #106A (Flip: "More Than Ever") SPEED: 45 rpm

PHASE: RAL II + 2 (Rk the Boat, Point Steps)

FOOTWORK: Opposite RHYTHM: Two Step RELEASED: July 2002

SEQUENCE: **Intro, A, B, A(1-8), C, A(1-8), END**

INTRO

1 – 4 OP FAC LOD WAIT;; CIRCLE 4;;

1 – 4 OP fac LOD no nds jnd wait 2;; Circle $\frac{3}{4}$ LF (RF) shimmy hands held high L, -, R, -; R end BFLY

M fac WALL, -;

PART A

1 – 8 FC – FC; BK – BK; SD 2 STEP KNEE L & R;; HTCH APT; SCIS THRU; VINE 8;;

1 – 4 BFLY WALL release lead hds sd L, cl R, sd L trn $\frac{1}{2}$ LF, -; sd R, cl L, sd R trn $\frac{1}{2}$ RF to BFLY, -; sd

L, cl R, sd L, bend R knee IF of L; sd R, cl L, sd R, bend L knee IF of R;

5 – 8 BFLY bk L, cl R, fwd L (W bk R, cl L, fwd R), -; sd R, cl L, XRIF (W XLIF); sd L, XRIB, sd L, XRIF;

REPEAT MEAS 3;

9 – 16 REPEAT MEAS 1 – 8 PART A ;;;;;;;;;;

PART B

1 – 8 CIRC BOX;; SLO RK THE BOAT TWICE;; 2 TRNG 2 STEPS;; WALK (W TWIRL) 2; WALK 2;

1 – 4 LOP WALL sd L, cl R, fwd L, -; sd R, cl L, bk R (W RF trn under jnd lead hds fwd R, L, R, -; L, R,

L) to SCP LOD, -; Fwd L straight knee lean fwd, -, relax knee cl R straighten body; REPEAT MEAS 3;

5 – 8 Blend CP sd L, cl R, sd L pivot $\frac{1}{2}$ RF, -; sd R, cl L, sd R pivot RF end SCP LOD, -; walk L, -, R (W

RF twl R,, -, L under jnd lead hds) end SCP, -; walk fwd L, -, R fc WALL, -;

9 – 16 REPEAT MEAS 1 – 8 PART B ;;;;;;;;;;

PART A (1 – 8)

1 – 8 FC – FC; BK – BK; SD 2 STEP KNEE L & R;; HTCH APT; SCIS THRU; VINE 8;;

1 – 8 REPEAT MEAS 1 – 8 PART A ;;;;;;;;;;

PART C

1 – 8 PT STEPS 4;; VINE APT & TOG;; SCIS THRU TWICE;; SLO SD CLOSE TWICE;;

1 – 4 SCP LOD pt fwd L, step fwd L, pt fwd R, step fwd R; REPEAT MEAS 1; release SCP vine apt
sd

L, XRIB (XLIB) sd L, clap hds; sd R twd ptr, XLIB (W XRIB), sd R trn ¼ RF to LOP WALL, -;

5 – 8 LOP sd L, cl R, XLIF (W XRIF), -; sd R, cl L, XRIF (W XLIF) end BFLY WALL, -; sd L, -, cl R, -
;

REPEAT MEAS 3;

9 – 16 REPEAT MEAS 1 – 8 PART C ;;;;;;;;;;

PART A (1 – 8)

1 – 8 FC – FC; BK – BK; SD 2 STEP KNEE L & R;; HTCH APT; SCIS THRU; VINE 8;;

1 – 8 REPEAT MEAS 1 – 8 PART A ;;;;;;;;;;

ENDING

1+ [5 SLO BEATS] WALK (W TWIRL) 2; WALK 2; APT PT;

1+ SCP LOD walk L, - R (W RF twl R,,-,L under jnd lead hds), -; blend OP LOD walk fwd L, -, R, -;
lunge apt L/ pt R twd ptr free hds high,