

Am I Blue 4U

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 Record: Am I Blue REXL Records (Flip of Last Night)
 Sequence: Introduction Dance Dance (1 – 30) Ending
 Phase: 4 + 2 (Double Reverse Spin, Check and Weave)
 Date: June 5, 2002 (August 13, 2002 Version 1.1 Updated to conform to RAL phase standards)

Introduction

1 – 8 Wait in LOP both facing LOD with R hands joined; Side, -, Cross Check, -; Recover, -, Side to BFLY Sidecar, (W: Transition); Cross Hover to BLFY\SCP; Open Natural in BFLY; Twistv Vine 4; Closed Impetus to BFLY Sidecar; Feather Finish;

- 1 Wait in Left Open Position facing LOD Man slightly behind Woman and both with L foot free and right hands joined;
- 2 [Side, Cross Check (SS)] Side L then lower into L knee and swinging free L arm out to side then up, -, cross check R XIF of L and bringing L arm across in front of self and out to the side, -;
- 3 [Recover Transition (SS)] Recover L, -, side R towards DW in Butterfly Sidecar, -;
 [W: (SQQ) Recover L commence RF turn, -, forward R towards WALL continue RF turn, side and back L in Butterfly Sidecar;]
- 4 [Cross Hover (SQQ)] Forward L in Butterfly Sidecar, -, side and forward R, side and forward L towards DW left side leading turning to Butterfly SCP;
 [W: Back R, side and back L rising brush R to L, turning RF side and forward R towards DW right side leading turning to Butterfly SCP;]
- 5 [Open Natural (SQQ)] Thru R commence RF turn, side L across partner and line turning to back LOD in Butterfly facing partner, back R down LOD right side leading with back facing DW;
 [W: Thru L with right side leading, turning body to face DW forward R between partner's feet rising, forward and side L left down LOD left side leading and preparing to step forward outside partner in Butterfly CBJO;]
- 6 [Twisty Vine (QQQQ)] Back L, side R turning to Butterfly Sidecar, forward L, side R turning to Butterfly CBJO;
- 7 [Closed Impetus (SQQ)] Back L in Butterfly CBJO commence RF turn, -, close R to L heel turn to face LOD rising at end of turn, continue body turn and step side and back L toward DCR in Butterfly Sidecar;
 [W: Forward R outside partner in Butterfly CBJO commence RF turn, -, side and around partner L rising and brush R to L, continue RF turn side and forward R towards DCR in Butterfly Sidecar;]
- 8 [Feather Finish (SQQ)] Back R commence LF turn, -, side and fwd L pointing DC body turns less, forward R left side leading and outside partner in Butterfly CBJO;

Dance

1 – 8 Reverse Turn; ; Three Step; Natural Turn; Closed Impetus; Feather Finish; Double Reverse Spin; Change Of Direction;

- 1 - 2 [Reverse Turn (SQQ; SQQ)] Forward L toward DC and blending to CP rising commence LF turn, -, side and around partner R [W: heel turn], back L towards LOD; Back R commence LF turn, -, side and fwd L pointing DW body turns less, forward R left side leading and outside partner in CBJO;
- 3 [Three Step (SQQ)] Forward L towards DW, -, forward R between partner's feet with slight right side leading heel lead and then rising to toe, forward L;

- 4 [Natural Turn (SQQ)] Forward R between partner's feet rising commence RF turn, -, side and around partner L [W: heel turn], back R down LOD in CP;
- 5 [Closed Impetus (SQQ)] Back L commence RF turn, -, close R to L heel turn then rise to toes of R, side and back L towards DCR;
[W: Forward R between partner's feet commence RF turn, -, side and around partner L rising and brush R to L, continue RF turn side and forward R between partner's feet towards DCR;]
- 6 [Feather Finish (SQQ)] Back R commence LF turn, -, side and fwd L pointing DC body turns less, forward R left side leading and outside partner in CBJO;
- 7 [Double Reverse Spin (SQ hold)] Forward L towards DC and blending to CP rising commence LF turn, -, side around partner R [W: heel turn] now backing LOD, spin LF on ball of R lowering at end of turn to end in CP facing LOD;
[W: (SQ&Q) Back R toe to heel and nearly straighten legs leaving feet flat, -, close L to R and turn on heel of R to face LOD then transfer weight to the flat of the L foot / continue LF turn side R toe pointing COH body tracking Man's turn, continue LF turn step L XIF of right toe heel;]
- 8 [Change Of Direction (SS)] Forward L towards LOD commence LF turn and no rise, -, side R continue LF to end in CP facing DC, draw L to R;

9 - 16 Turn Left, Right Chasse; Weave Ending; Turn Left, Right Chasse; Twisty Vine 4; Open Impetus; Feather Ending; Open Telemark; Feather Ending;

- 9 [Turn Left, Right Chasse (SQ&Q)] Forward L commence LF turn and commence to rise, -, side R facing DC / close L to R, side and back R down LOD right side leading preparing to step back with partner outside;
- 10 [Weave Ending (QQQQ)] Back L in CBJO, back R down LOD and blending to CP, side and forward L pointing DW body turns less, forward R left side leading and outside partner in CBJO;
- 11 [Turn Left, Right Chasse (SQ&Q)] Repeat measure 9 to end moving LOD with body backing DW;
- 12 [Twisty Vine 4 (QQQQ)] Back L in CBJO, side R turning to Contra Sidecar, forward L in Sidecar, side R turning to CBJO;
- 13 [Open Impetus (SQQ)] Back L in CBJO commence RF turn, -, close R to L heel turn to face DC rising at end of turn, continue body turn and step side and forward L toward DC left side leading in SCP;
[W: Forward R outside partner in CBJO commence RF turn, -, side and around partner L rising and brush R to L, continue RF turn side and forward R towards DC right side leading turning to SCP;]
- 14 [Feather Ending (SQQ)] Thru R towards DC, -, side and forward L pointing DC body facing LOD, forward R left side leading and outside partner in CBJO;
- 15 [Open Telemark (SQQ)] Forward L rising commence LF turn, -, side and around partner R [W: heel turn] now backing LOD, continue LF turn side and forward L toward DW left side leading turning to SCP;
[W: Back R toe to heel and nearly straighten legs leaving feet flat, -, close L to R and turn on heel of R to face DW then transfer weight to the flat of the L foot, continue LF turn step side and forward R towards DW right side leading in SCP;]
- 16 [Feather Ending (SQQ)] Repeat Measure 14 to end in CBJO moving DW with body facing WALL;

17- 24 Reverse Wave Check and Weave; ; ; Reverse Wave; ; Heel Pull; Forward, Side, Outside Swivel, -; Whiplash;

- 17 – 19 [Reverse Wave Check and Weave (SQQ: SQQ: QQQQ)] Forward L toward DW and blending to CP rising commence LF turn, -, side and around partner R [W: heel turn], back L towards DW; Check back R, -, forward L, side R towards DC body backing LOD and preparing to step with back with partner outside; Back L in CBJO, back R down LOD and blending to CP, side and forward L pointing DW body turns less, forward R left side leading and outside partner in CBJO;

- 20 – 21 [Reverse Wave (SQQ; SQQ)] Forward L toward DW and blending to CP rising commence LF turn, -, side and around partner R [W: heel turn], back L towards DW; Back R commence slight LF turn, -, back L down LOD with slight left side leading, back R;
- 22 [Heel Pull (SS)] Back L commence strong RF turn, -, pull R foot toward then past L foot to step side R facing DC in CP, -;
- 23 [Forward, Side, Outside Swivel (QQS)] Forward L towards DC commence LF turn, side R toe pointing RLOD and body facing DW, back L in CBJO placing foot so that it points COH no rise, allow W to swivel RF to SCP facing RLOD;
- 24 [Whiplash (S hold)] Thru R towards RLOD no rise, point L forward still low and swaying slightly leftwards, slowly correct sway as Woman turns to end in CBJO facing backing LOD;

25 - 32 Back, -, Back / Lock, Back; Twisty Vine 4; Back, -, Back / Lock, Back; Twisty Vine 4; Outside Swivel, -, Pickup to RLOD, Forward Check; Back Three Step; Closed Impetus; Feather Finish;

- 25 – 28 Standard Figures commencing in CBJO backing LOD and ending in CBJO backing LOD.
- 29 [Outside Swivel to Forward Check (SQQ)] Back L in CBJO no rise, allow W to swivel RF to SCP facing RLOD, thru R picking up to CP facing RLOD and rising to toes, forward L checking and lowering;
- 30 [Back Three Step (SQQ)] Back R down LOD, -, back L down LOD with slight left side leading, back R;
- 31 - 32 Standard Figures commencing in CP backing LOD and ending in CBJO moving DC.

Ending

1 Twisty Vine 4; Open Impetus; Syncopated Vine; Feather Ending; Reverse Wave Check and Weave Man Transition; Recover to Bolero Banjo Runaround; ; Man Sit Lady Swivel, Point, with Arm Swing.

- 1 [Twisty Vine 4 (QQQQ)] Back L in CBJO, side R turning to Contra Sidecar, forward L in Sidecar, side R turning to CBJO;
- 2 [Open Impetus (SQQ)] Repeat the action from Measure 13.
- 3 [Syncopated Vine (SQ&Q)] Thru R, -, side L / R XIB of L [W: L XIB of R], side L to SCP facing DC;
- 4 [Feather Ending (SQQ)] Repeat the action from Measure 14;
- 5 - 7 [Reverse Wave, Check and Weave Man Transition (SQQ; SQQ; QQS [W:QQQQ])] Forward L toward DC and blending to CP rising commence LF turn, -, side and around partner R [W: heel turn], back L towards DW; Check back R, -, forward L, side R towards DC body backing LOD and preparing to step with back with partner outside; Back L in CBJO, back R down LOD and blending to CP, turning LF to face WALL side L rising, continue body turn LF to face DC and lower into L knee and swaying slightly R [W: Forward R in CBJO, forward L down LOD blending to CP, side R turning LF, L XIB of R checking;] Note: this checking action as a “Hinge” feeling.
- 8 [Recover to Runaround (SQQ; QQQQ; QQS)] Turn body RF allowing Woman to recover to Bolero Banjo, -, run around turning RF in Bolero Banjo R, L; Continue runaround R, L, R, L; Step onto R ending runaround, -, allow Woman to swivel RF then lower and point her L thru Man leaving L pointed side and slightly back with the Woman sitting lightly on Man’s R thigh, then swing the L arm back – up – then around to near the Woman’s face and say “Marvelous”.
- [W: Recover onto R, side L turning to Bolero Banjo, run around turning RF with man R, L; R, L, R, L; Forward on R and swivel RF then lower sitting lightly on Man’s thigh point L foot thru, then swing R arm back – up – then around to near Man’s face and say “Marvelous”.]