

ALWAYS IN MY HEART

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Record : Collectables DPE1 - 1054 - B (Flip - " Maria Elena Bolero " by Los Indios Tabajaras)

Footwork: Opposite. Woman's special Instructions in parentheses.

Level: Phase V Bolero Sequence: INTRO - A - B - A modified

Meas

INTRO

In cuddle pos'n fcg wall with lead feet free, wait six lead in notes

PART A

1-4 HIP ROCKS SOO : CUDDLES TWICE TO BJO BOLERO:: START BOLERO WHEEL 6 :

1 (hip rks) step sd L (R) rolling wgt & hip to left (right), -, roll wgt & hip to R (L), roll wgt & hip to L (R) ;
2-3 (cuddles 2x) sd R, -, sd L, rec R placing left hand on W's right shldr blade (W sd L, -, trng 1/2 RF bk R to fc wall extending free arm out to sd, rec L trng 1/2 LF to fc ptr placing right hnd on M's left shldr) ;
sd L, -, sd R, rec L to Bjo Bolero posn R hnd arnd W's waist and L hnd curved overhead (W sd R, -, trng LF bk L to fc wall extending free arm out to sd, rec R trng 1/2 RF to fc ptr blending to Bjo Bolero posn) ;

NOTE: M's r c is a Cuban rock action.

4 (start wheel 6) in Bjo Bolero wheel RF fwd R, -, L, R ;

5-8 FINISH BOLERO WHEEL 6 : SHLDR TO SHLDR TWICE WITH CARESS:: HIP ROCK 2 SLOW:

5-6 (6n wheel 6) fwd L, -, R, L to fc wall ; (shldr to shldr) sd R, -, fwd & across L (bk & across R) to scar, rec R ;
NOTE: M's L hnd is on W's waist & both R arms are out to sd W caresses right sd of M's face with L hnd.

7 (shldr to shldr) sd L, -, fwd & across R (bk & across L) to bjo, rec L to cuddle posn fcg wall ;

NOTE: M's R hnd is on W's waist & both L arms are out to sd W caresses left sd of M's fc with R hnd.

8 (hip rk 2 sl) sd R, -, rec L blending to loose cp fcg wall, -;

9-12 BASIC ENDING TO DBLE HAND HOLD: OPENING OUTS 2X:: UNDERARM TRN TO HANDSHAKE

9-10 (basic endg) sd R, -, fwd L, bk R ; (opening out) sd L, -, lower in L extend R to sd with trail hnds down & slight LF trn, rise on L (W sd & fwd R trng 3/8 LF, -, bk L soft knee, rec R to fc ptr) ;

11 (opening out) cl R to L, -, lower in R extend L to sd with trail hnds down & slight RF trn, rise on R (W sd & fwd L trng ~ 3/8 RF, -, bk R soft knee, rec L to fc ptr) ;

12 (underarm trn) sd L raise ld buds, -, xRib lead W to trn RF under jnd Id hnds, rec L to right handshake (W sd R start RF trn, -, xLif trng 1/2 RF under jnd Id buds, rec R to right handshake) ;

13-16 REV UNDERARM TRN ; SHADOW HAND TO HAND 2X:: HIP ROCK 2 SLOW:

13 (rev u/a trn) sd R raise jnd R (R) buds, -, xLif lead W to trn LF under jnd R (R) buds, rec R (W sd L start LF trn, -, xRif trng 1/2 LF under jnd R (R) buds, rec L to fc ptr) ;

14-15 (shad bud to hnd 2x) still in handshake posn sd L twd lod, -, trng RF to fc rlod bk R with L arm out to sd behind W's bk (W's L arm out to sd at shldr height), rec L trng LF to fc ptr & wall ; sd R twd rlod, -, trng LF to fc lod bk L with L arm out to sd at shldr height (W's L arm out to sd behind M's bk) rec R to bfly wall ;

16 (hip rk 2 sl) rk sd L, -, rec R,-;

PART B

1-4 BASIC:: CROSS BODY TO HANDSHAKE: START HALF MOON

1-2 (basic) in bfly wall sd L, -, bk R, fwd L ; sd R, -, fwd L, bk R ;

3 (x body) sd & bk L trng LF, -, bk R trng LF with slipping action join right buds, fwd L trng LF to fc cob (W sd & fwd R, -, fwd L crossing in front of M trng LF, small sd R to fc ptr & wall) ;

4 (start 1/2 moon) in handshake posn sd R trng slightly RF to "V" shape, -, fwd L, rec R to fc ptr (W sd L trng LF to "V" shape, -, fwd R, rec L to fc ptr) ;

5-8 FINISH HALF MOON: CONTRA BREAK, SHADOW NEW YORKERS 2X::

5-6 (fin 1/2 moon) sd L, -, bk R trng 1/4 LF, cont trng 1/4 fwd L to fc ptr & wall (W sd R, -, fwd L in front of M trng LF, cont trng bk R to fc ptr & cob) ; (contra brk) still in right handshake sd & fwd R, -, ck fwd L small step with contra ck action, rec bk R (W sd & bk L, -, bk R with contra ck action, rec fwd L) ;

7-8 (shad ny's 2x) keeping right handshake sd L twd lod, -, step thru R to fc lod M's left hod out to sd at shldr level (W's left arm behind M), rec to fc ptr & wall ; keeping right handshake sd R twd rlod, -, step thru L M's hand behind W (W's left bud out to sd at shldr level), rec to fc ptr & wall ;

ALWAYS IN MY HEARTPART B (cont'd)9-12 SPOT TRN TO LOOSE CP: BASIC ENDING: TURNING BASIC;:

9 (spot trn) sd L (R) twd lod, -, xRif (xLif) trng on crossing foot 1/2, rec L trng to fc ptr blending to loose cp ;
 10-12 (basic endg) sd R, -, fwd L, bk R ; (trng basic) sd L twd lod, -, bk R trng 1/4 LF with slip pivot action, sd & fwd L trng 1/4 LF ; sd R, -, fwd L with contra ck like action, rec R fcg coh ;

13-16 CROSS BODY TO BFLY WALL, FENCE LINE 2X: REV UNDERARM TRN TO CUDDLE POSN;

13 (x body) sd & bk L trng LF, -, bk R with slipping action, fwd L trng LF to bfly wall (W sd & fwd R, -, fwd L crossing in front of M trng LF, small sd R to bfly fcg coh) ;
 14-15 (fence line 2x) in bfly wall sd R (L) twd rlod, -, lunge thru L (R) with bent knee looking to rlod, rec R (L) to fc ptr; sd L (R) twd lod, -, lunge thru R (L) with bent knee looking to lod, rec L (R) to fc ptr & join R (R) hnds;
 16 (rev u/a trn) sd R twd rlod raise jnd R (R) hnds, -, xLif lead W to trn LF under jnd R (R) hnds, rec R to cuddle posn fcg wall (W sd L twd rlod, -, xRif trng 1/2 if under jnd R (R) hnds, rec L to fc ptr in cuddle posn) ;

PART A (modified)

1-14 REPEAT MEAS 1 - 14 -- PART A

15 (mod) REPEAT MEAS 15 -- PART A -- BUT END IT IN CUDDLE POSITION.

16 (mod) REPEAT MEAS 16 -- PART A -- IN CUDDLE POSITION.