

# Almost Like Being In Love



**Choreographers:** Chris & Terri Cantrell, 960 Garnet St., Broomfield, CO 80020; 303-469-9140, [dance@ctkr.com](mailto:dance@ctkr.com)  
**Rhythm & Phase:** Quickstep, Phase IV+1 (double reverse) **RAL Difficulty Level:** Average  
**Music:** "Almost Like Being In Love" Nat King Cole, "The Unforgettable Nat King Cole", Trk #21, and other CDs, download\* or contact choreographer  
**Speed:** Decrease by 5% or more for comfort\*  
**Footwork:** Directions for M, W normal opposite, exceptions in parentheses  
**Sequence:** **Introduction A B A B(1-15) End**

## Introduction

### [1-4] Wait 4 Measures ; ; ; ;

[1-4] {Wait} Wait 4 measures in CP-DLW trail feet free;;;

### [5-8] Open Natural Turn ; Open Impetus to LOD ; , Chasse to BJO ; ;

SQQ [5] {Open Natural Turn} Fwd R comm trn RF,, fwd & sd L cont trn RF, bk & sd R BJO-DRC;  
SS [6] {Open Impetus to LOD} Bk L comm trn RF,, cls R to L heel trn cont trn RF (W Fwd R comm trn RF, sd L cont trn & brush R to L);  
S [7] Fwd L SCP-LOD (W Fwd R),,  
S {Chasse to BJO} Fwd R;;  
OOS [8] Sd L, cls R to L, sd L BJO-DLW,;

## Part A

### [1-4] Quarter Turns to Right and Left ; ; , Double Reverse Spin ; ;

SQQ [1] {Quarter Turns to Right and Left} Fwd R comm trn RF,, sd L, cls R to L (W Bk L comm trn RF,, sd R, cls L to R);  
SS [2] Sd L CP-DRW,, bk R comm trn LF (W Sd R,, fwd L comm trn LF);  
-(QQ) [3] Bring L to R no wgt trn LF on R heel (W Sd R cont trn LF, cls L to R) CP-LOD,  
S {Double Reverse Spin} Fwd L comm trn LF (W Bk R comm trn LF);  
S-(SQQ) [4] Fwd & sd R cont trn LF tch L to R (W Cls L to R cont trn/ strong sd & fwd R cont trn, XLIF of R) CP-DLW;

### [5-8] Cross Swivel BJO Chk ; , Fishtail 5 ; ; Open Natural Turn ;

S- [5] {Cross Swivel to BJO & Check} Fwd L comm trn LF,, point R sd;;  
S [6] Fwd R check BJO-DLC,,  
QQ {Fishtail 5} XLIB of R (W XRIF of L), sd R trn sltly RF;  
OOS [7] Fwd L, XRIB of L (W XLIF of R), fwd L BJO-LOD;;  
SQQ [8] {Open Natural Turn} Repeat Introduction – Measure 5 to BJO-DRC;

### [9-11] Outside Swivel , Wing (SQQ) ; , Closed Telemark ; ;

S [9] {Outside Swivel} Bk L (W Fwd R swvl SCP) SCP-DRC,  
S {Wing SQQ} Fwd R (W Fwd L);  
(QQ) [10] Touch L to R (W Fwd R, fwd L curv LF) SCAR-DRC,,  
S {Closed Telemark} Fwd L comm trn LF (W Bk R comm trn LF);  
SS [11] Fwd & sd R cont trn LF,, fwd & sd L (W Cls L to R heel trn,, bk & sd R) BJO-LOD;;

### [12-16] Fwd Lock Step ; , 1/2 Natural Turn ; , Spin Turn ; ; Heel Pivot ;

SQQ [12] {Forward Lock Step} Fwd R,, fwd L, XRIB of L;  
S [13] Fwd L,, [Note: Forward Lock Step aka: Fwd Fwd Lock Fwd]  
S {Half Natural Turn} Fwd R comm trn RF;;  
QQ [14] Sd L cont trn RF, cls R to L CP-RLD,  
S {Spin Turn} Bk L comm trn RF (W Fwd R comm trn RF);  
SS [15] Fwd R cont trn RF to CP-DLW,, bk L (W Sd L cont trn & brush R to L,, fwd R) CP-DLW;;  
S-(SQQ) [16] {Heel Pivot} Bk R,, bring L to R no wgt trn LF on R heel (W Fwd L comm trn LF, sd R cont trn LF, cls L to R) CP-DLC;

**Download:** Music download from RealPlayer (\$ .99/download) <http://www.real.com/>, or Rhapsody (\$9.95/mo + \$.79/download) <http://www.real.com/realone/rhapsody/>.

**Change Speed:** \*Try "DanceMaster" (<http://clarkandsandy.com/DanceMaster/index.htm>) or "Amazing Slow Downer" ([www.ronimusic.com](http://www.ronimusic.com)) – both available in limited free or complete for purchase software

## Part B

### [1-5] Chasse Reverse Turn ; Quarter Trn to Left ; , Fwd ; Running Fwd Locks ; ;

- SQQ [1] **{Chasse Reverse Turn}** Fwd L comm trn LF,, fwd & sd R cont trn LF, cls L to R CP-RL0D;  
 S- [2] **{Quarter Turn to Left}** Bk R comm trn LF,, bring L to R no wgt trn LF on R heel (W Fwd L comm LF trn,,  
 (SQQ) sd R cont trn, cls L to R) CP-DLW,;  
 S [3] Sd & fwd L (W Sd & bk R) BJO-DLW,,  
 S **{Forward}** Fwd R,;  
 Q000 [4] **{Running Forward Locks}** Lft shoulder lead fwd L, XRIB of L (W XLIF of R), fwd L, fwd R;  
 Q0S [5] Fwd L, XRIB of L (W XLIF of R), fwd L BJO-DLW,;

### [6-8] Open Natural Turn ; Hesitation Change ; Drag Hesitation ;

- SQQ [6] **{Open Natural Turn}** Repeat Introduction – Measure 5 to BJO-DRC;  
 SS [7] **{Hesitation Change}** Bk L trn RF,, sd R draw L to R CP-DLC;  
 SS [8] **{Drag Hesitation}** Fwd L comm slight trn LF,, fwd R cont trn LF, draw L to R BJO-DRC;

### [9-12] 3 In & Out Runs ; ; ; Walk 2 BJO-DLW ;

- SQQ [9] **{3 In and Out Runs}** Bk L comm trn RF,, sd R cont trn RF, fwd L (W Fwd R comm trn RF,, sd & bk L cont  
 trn RF, fwd R) SCP-LOD;  
 SQQ [10] Fwd R comm trn RF,, sd & bk L cont trn RF, bk R (W Fwd L, fwd R, fwd L) BJO-RL0D;  
 SQQ [11] Bk L comm trn RF,, sd R cont trn RF, fwd L (W Fwd R comm trn RF,, sd & bk L cont trn RF, fwd R)SCP-  
 LOD;  
 SS [12] **{Walk 2 to BJO-DLW}** Fwd R,, fwd L (W Fwd L comm trn LF,, bk & sd R) BJO-DLW,;

### [13-17] Step Skip Twice ; Open Natural Turn ; Bk Step Skip Twice ; 2 In and Out Runs ; ;

- Q000 [13] **{Step Skip Twice}** Fwd R, small hop fwd on R, fwd L, small hop fwd on L BJO-DLW;  
 SQQ [14] **{Open Natural Turn}** Repeat Introduction – Measure 5 to BJO-DRC;  
 Q000 [15] **{Back Step Skip Twice}** Bk L, small hop bk on L, bk R, small hop bk on R BJO-DRC;  
 SQQ [16-17] **{2 In and Out Runs}** Repeat Part B – Measures 9 & 10 BJO-RL0D,;

### [18-20] Open Impetus to LOD ; , Chasse to BJO ; ;

- [18-20] **{Open Impetus to LOD, Chasse to BJO}** Repeat Introduction – Measures 6 to 8,;

## Repeat Part A

## Repeat Part B (1-15)

## End

### [1-3] 3 In and Out Runs ; ; ;

- [1-3] **{3 In and Out Runs}** Repeat Part B – Measures 9-11,;

### [4-8] Chasse to BJO ; , 1/2 Natural Turn ; , Spin Turn ; ; Back to Left Whisk .

- SQQ [4] **{Chasse to BJO}** Fwd R,, sd L, cls R to L,;  
 S [5] Sd L BJO-DLW,,  
 S **{Half Natural Turn}** Fwd R comm trn RF,;  
 QQ [6] Sd L cont trn RF, cls R to L CP-RL0D,  
 S **{Spin Turn}** Bk L comm trn RF (W Fwd R comm trn RF),;  
 SS [7] Fwd R cont trn RF to CP-DLW,, bk L (W Sd L cont trn & brush R to L,, fwd R) CP-DLW,;  
 Q0S [8] **{Back to Left Whisk }** Bk R comm trn LF, fwd & sd L, trn sltly LF XRIB of L to flat left whisk (W Fwd L  
 comm trn LF, fwd & sd R cont trn LF, bk L with rt toe pointed fwd & then on last half beat flick rt leg up  
 across & in front of lft knee) upper bodies CP-DRC.