

# All of You



**Choreographers:** Chris & Terri Cantrell, 960 Garnet St., Broomfield, CO 80020; Tel: 303-469-9140, [ctkr@aol.com](mailto:ctkr@aol.com)  
Many thanks to Alain Doucet & Anik Jolicoeur

**Rhythm & Phase:** Foxtrot, Phase VI **RAL Difficulty Level:** Slightly Above Average

**Music:** "All of You" Sammy Davis Jr., "The Decca Years (1954–1960)", Track 4 [remove 34 seconds \*see footnote] or download from RealPlayer (\$ .99/download) <http://www.real.com/>, or Rhapsody (\$9.95/mo + \$.79/download) <http://www.real.com/realone/rhapsody/>, or contact choreographer

**Speed:** Decrease original music by 22%\* or more for comfort

**Footwork:** Directions for M, W normal opposite, exceptions in parentheses

**Sequence:** Introduction A B A B End July 2004 (version 1.0)

## Introduction

### [1-4] Wait... Side Rise,, Run 2;

- [1] **{Wait}** Wait thru 2 counts of drum beats – trail feet free CP-DLC...
- SQQ [2] **{Side Rise,, Run 2}** Sd R rising slightly through knee brush L to R [on word "I"], fwd L [on "love"], fwd R [on "the"];

## Part A

### [1-4] Fwd, Rt Lunge; Rec, Step, Double Ronde & Twist Turn; ; Feather;

- SS [1] **{Forward, Right Lunge}** Fwd L CP-DLC trn LF,, sd & slightly fwd R soften knee stretch lft side & look rt,;
- QOS& [2] **{Recover, Step, Double Ronde}** Rec L trn RF, sd R CP-wall, ronde L fwd CW comm trn R,/ fwd & sd L (W Rec R, sd & bk L, ronde R bk CW,/ XRIB of L) CP-RL0D;
- S-Q [3] **{Twist Turn}** XRIB of L & unwind, rise & blend to SCP-DLC, fwd L (W fwd L/ fwd R, fwd L unwind M,, fwd R) (Q&SQ) SCP-DLC; [M timing including steps & actions: SQQ]
- SQQ [4] **{Feather}** Fwd R,, fwd L, fwd R (W fwd L comm trn LF,, sd R, bk L) BJO-DLC;

### [5-8] Three Fallaways; ; ; Slip,, Lunge Side, ;

- SQQ [5] **{Three Fallaways}** Fwd L comm trn LF,, fwd & sd R cont trn LF, bk L (W bk R comm trn LF,, bk & sd L cont trn LF, bk R) into flwy position-DRW; [An alternate method of footwork for the basic Three Fallaways is listed here]
- SQQ [6] Bk R comm trn LF CP,, bk & sd L cont trn LF, XRIB of L (W comm trn LF fwd L,, fwd & sd R cont trn LF, XLIF of R) CP-DLW;
- SQQ [7] Sd L comm trn LF,, fwd & sd R cont trn LF, bk L (W sd R comm trn LF,, fwd & sd L cont trn LF, bk R) into flwy position-DRW;
- SS [8] **{Slip,, Lunge Side}** Bk R trn LF rising,, cont LF trn sd L (W slip fwd L head rt,, sd R, change head lft) into left lunge - like an oversway,; [W Timing including steps & actions: SQQ]

### [9-12] Chkd Natl & Slip; Chkd Rev & Slip; Pivot & Bk to BJO; Outside Swvl & Run 2 BJO;

- SQQ [9] **{Checked Natural & Slip}** Trn RF then fwd R cont trn RF,, sd L chng trn no rise fac COH head lft, rec R trn LF rising (W fwd L comm strong trn RF,, cls R to L or sml sd R no rise head rt, fwd L trn LF rising) CP-RL0D;
- SQQ [10] **{Checked Reverse & Slip}** Fwd L comm trn LF,, sd R chng trn no rise fac Wall head rt, rec L trn LF rising (W Bk R trn LF,, cls L to R no rise head lft, fwd L trn RF rising) CP-RL0D;
- SQQ [11] **{Pivot & Back BJO}** Fwd R pivot RF ½,, bk L, bk R prep to step to BJO-DLW;
- SQQ [12] **{Outside Swivel & Run 2 BJO}** Bk L SCP-DLW,, fwd R, fwd L (W fwd R swvl SCP,, fwd L comm LF trn, sd R cont LF trn) prep to step into BJO-DLW;

### [13-16] 2 Swivels; Link to Promenade; Whiplash & Chg Sway; Bk Q Feather Finish;

- SS [13] **{2 Swivels}** Fwd R swvl RF CP-Wall,, XLIF of R (W XRIB of L) swvl LF BJO-LOD,;
- OSQ [14] **{Link to Promenade}** Fwd R swvl RF SCP-DLW, brush L to R rise,, fwd & sd L SCP-DLW;
- Q- [15] **{Whiplash & Change Sway}** Thru R (W Thru L), tap L sd toward LOD (W quickly swvl LF tap R sd twd LOD) sway left BJO-DLW [on the strong notes in the music], change sway to right,; [Timing of steps & actions: QQS]
- QQQQ [16] **{Back, Quick Feather Finish}** Bk L comm slt trn LF, bk R cont trn LF blending to CP, sd L cont trn LF, fwd R BJO-DLC;

\* To remove the first 34 seconds & slow the original music by 22% you may wish try DanceMaster <http://clarkandsandy.com/DanceMaster/index.htm> or Amazing Slow Downer [www.ronimusic.com](http://www.ronimusic.com) – both are available in a limited free or in a complete for purchase software version

## Part B

### [1-4] Rev Wave; ; Bk Feather; Feather Finish;

- SQQ [1] **{Reverse Wave}** Fwd L comm trn LF,, fwd & sd R cont trn LF (W cls L to R heel trn), bk L CP-DRC lft body sway;  
 SQQ [2] Bk R,, bk L, bk R chg sway curve LF CP-RL0D;  
 SQQ [3] **{Back Feather}** Bk L,, bk R rt side leading, bk L lft sway BJO-RL0D;  
 SQQ [4] **{Feather Finish}** Bk R comm trn LF,, sd L cont trn LF, fwd R BJO-DLW;

### [5-8] Fwd, ½ Natl Trn; , Q Pivot SCP; Chair & Slip; Rev Trn;

- SS [5] **{Forward, ½ Natural Turn}** Fwd L blend CP-DLW,, fwd R comm trn RF,;  
 QQ [6] **{Finish ½ Natural Turn}** Fwd & sd L cont trn RF (W cls R to L heel trn), bk R CP-RL0D/  
 &QQ **{Quick Pivot SCP}** Bk & sd L pivot ½, fwd R cont trn RF blend to SCP, fwd L SCP-DLW;  
 SQQ [7] **{Chair & Slip}** Check thru R SCP-DLW,, rec bk L flwy position, bk R slip trn LF (W check fwd L,, rec R, trn LF slip fwd L) CP-DLC;  
 SQQ [8] **{Reverse Turn}** Fwd L comm trn LF,, fwd & sd R cont trn LF (W cls L to R heel trn), bk L CP-RL0D;

### [9-12] Bk to Topspin; Bk Tipple Chasses Pivot; Finish Rev Wave; Heel Pull;

- SQ&Q [9] **{Back to Topspin}** Bk R comm trn LF,, sd L toward LOD cont trn LF/ fwd R BJO-DLC, XLIB of R (W XRIF of L) cont trn BJO-RL0D;  
 SQ&Q [10] **{Back Tipple Chasse Pivot}** Bk R cont trn LF,, sd L cont trn LF/ cls R to L, fwd L pivot LF CP-DRC;  
 SQQ [11] **{Finish the Reverse Wave}** Repeat Part B – measure 2;  
 SS [12] **{Heel Pull}** Bk L comm trn RF,, small sd R cont trn RF (W fwd R comm trn RF,, sd L cont trn RF & draw R to L) CP-DLC,;

### [13-16] Telespin to Hinge; ; -, - / (W Rec), Pivot 2; Back Hover Exit;

- SQQ (SQ&Q) [13] **{Telespin}** Fwd L comm trn RF,, sd R cont trn, bk L part wgt (W Bk R,, cls L to R heel trn, fwd R/ fwd L folding LF) SCAR-RL0D;  
 QQS (QQQQ) [14] **{Finish the Telespin to the Hinge}** Spin LF on L, sd R, sd L (W Fwd R cont trng LF, cls L to R toe spin, fwd R trn LF, bk L) to hinge-LOD,;  
 -QQ (-/QQ) [15] **{Extend/ W Recover, both Pivot 2}** Hold extend hinge,/ rotate body RF (W rec R comm RF trn), fwd R pivot ½ trn RF, bk & sd L CP-LOD; [M timing including steps & actions: -/QQ]  
 S-Q [16] **{Back Hover Exit}** Bk & sd R trn RF comm rise (W fwd & sd L trn RF comm rise) SCP-DLC,, brush L to R, fwd L SCP-DLC; [Timing including steps & actions: SQQ]

### [17-18] Thru, Vine 3; Feather;

- SQ&Q [17] **{Thru, Vine 3}** Thru R,, sd L/ XRIB of L, sd & fwd L SCP-DLC;  
 SQQ [18] **{Feather}** Repeat Part A – measure 4 BJO-DLC;

## Repeat Part A

## Repeat Part B

## End

### [1-4] Fwd, Rt Lunge; Rec, Step, Double Ronde & Double Twist Turn; ; ;

- SS [1] **{Forward, Right Lunge}** Repeat Part A – measure 1;  
 QQS& [2] **{Recover, Step, Double Ronde}** Repeat Part A – measure 2;  
 S-Q (Q&SQ) [3] **{Double Twist Turn}** Repeat Part A – measure 3 except instead of taking the last step to SCP step side L CP-RL0D;  
 S-Q (Q&SQ) [4] Repeat Part A – measure 3 SCP-DLC;

### [5-6] Q Open Rev Trn Prepare; Same Foot Lunge.

- QQQQ (QQQQ&) [5] **{Quick Open Reverse Turn Prepare}** Fwd R (W fwd L fold BJO-DLC), fwd L trn LF, sd R cont trn, bk L comm trn RF face COH (W fwd R trn RF/ cls L to R face DRW);  
 S [6] **{Same Foot Lunge}** Sd & sltly fwd R with rt side stretch (W bk R well under body) change to rt sway (W look well left).