

All Star

Released: February 2013
Choreographers: Dale & Leslie Simpson, 721 N. Sergeant, Joplin, MO 64801 417-782-3733, d1226simpson@yahoo.com
Music: "All Star," Smash Mouth. CD: *All Star Smash Hits*, track 1. Also available as mp3 through Amazon
Time: 3:20 @ 100% speed
Footwork: Opposite (*Woman's footwork opposite, except as noted in parentheses*)
Rhythm/Phase: Cha Cha / Jive Phase III+1 (Sailor Shuffle)
Degree of difficulty: Average
Sequence: A – B – C – B – C – INTLD – C(1-7) – A – B – C – END

PART A

- 1-8 [BEGINS NO INTRO BFLY WALL LEAD FOOT FREE] CUCARACHA TWICE ; ; SHOULDER TO SHOULDER TWICE ; ; FENCE LINE TWICE ; ; SPOT TURN TWICE TO BFLY ; ;
1-4 {**Cucaracha 2X**} [BFLY wall lead ft free] On "Somebody" sd L, rec R, cl L almost to R/cl R to L, stp L in place ; sd R, rec L, cl R almost to L/cl L to R, stp R in place ; {**Shoulder to Shoulder 2X**} Fwd L to bfly scar, rec R to fc, sd L/cl R, sd L ; fwd R to bfly bjo, rec L to fc, sd R/cl L, sd R ;
5-8 {**Fence Line 2X**} X lun L, rec R, sd L/cl R, sd L ; X lun R, rec L, sd R/cl L, sd R ; {**Spot Turn 2X**} XLif trn RF 1/2, rec R complete RF trn to fc, sd L/cl R, sd L ; XRif trn LF 1/2, rec L complete LF trn to fc, sd R/cl L, sd R ;

PART B

- 1-8 BASIC ; ; NEW YORKER TWICE ; ; BREAK BACK TO OPEN & CHA ; WALK 2 & CHA ; CIRCLE AWAY AND TOGETHER TO BFLY ; ;
1-4 {**Basic**} Fwd L, rec R, sd L/cl R, sd L ; bk R, rec L, sd R/cl L, sd R ; {**New Yorker 2X**} Swvl thru L twd RLOD, rec swvl R, sd L/cl R, sd L ; Swvl thru R twd LOD, rec swvl L, sd R/cl L, sd R ;
5-8 {**Break Back & Cha**} Swvl on weighted foot step back L to OP LOD, rec R, fwd L/cl R, fwd L ; {**Walk 2 & Cha**} Fwd R, fwd L, fwd R/lk Lib, fwd R ; {**Circle Away & Together**} Fwd L trn LF away from partner in a circ pattern, fwd trn R, fwd trn L/cl R, fwd trn L ; cont turning LF twd partner fwd R, fwd L, fwd R/cl L, fwd R to Bfly wall ;

PART C—Jive

- 1-8 BASIC ROCK ~ FALLAWAY THROWAWAY ; ; ; CHANGE HANDS BEHIND BACK ~ CHANGE RIGHT TO LEFT TO WALL TO BFLY ; ; ; SAILOR SHUFFLE TWICE ; PROGRESSIVE ROCK ;
1-3 {**Basic Rock**} Rk apt L, rec R, sd L/cl R, sd L ; sd R/cl L, sd R to SCP, {**Fallaway Throwaway**} Rk bk L, rec R ; fwd L/cl R, fwd L, fwd R/cl L, fwd R commence up to 1/4 LF turn on triples to OP-FCG (*Rk bk R, rec L ; pu R/L, R, sd and bk L/cl R, sd L commence up to 1/2 turn on the triples facing RLOD*) ;
4-6 {**Change Hands Behind Back**} Rk apt L, rec R , placing R hand over W's R hand lead W to R sd releasing lead hand hold comm LF trn fwd chasse L/R, L ; cont trng LF place W's R hand back into L hand behind back chasse R/L, R facing RLOD (*W rk apt R, rec L ; comm RF trn fwd chasse R/L, R, cont RF trn chasse L/R, L facing LOD*), {**Change Right to Left**} Rk bk L, rec R ; sd L/cl R, sd L commence 1/4 LF trn to wall (*W Rk bk R, rec L, sd R/cl L, fwd R commence 3/4 RF trn undr jnd lead hnds*), sd & fwd R/cl L, sd R (*W Sd & slightly bk L/cl R, sd & bk L*) ;
7-8 {**Sailor Shuffle 2X**} XLib/sd R, sd L, XRib/sd L, sd R ; {**Progressive Rock**} BFLY wall progressing LOD rk apt L, XRif, rk apt L, XRif;

REPEAT PART B

REPEAT PART C

INTERLUDE

1-8 CHASE PEEKABOO DOUBLE TO BFLY ; ; ; ; ; ; ; ; ; ;

- 1 Fwd L trn 1/2 RF, rec fwd R, fwd L/cl R, fwd L to fc COH ;
- 2 Sd R looking over L shldr at ptr, rec L, cl R/in plc L, R ;
- 3 Sd L looking over R shldr at ptr, rec R, cl L/in plc R, L ;
- 4 Fwd R trng 1/2 LF, rec fwd L, fwd R/cl L, fwd R to fc WALL (*W fwd L trn 1/2 RF, rec fwd R, fwd L/cl R, fwd L to fc WALL*) ;
- 5 Sd L, rec R, cl L/in plc R, L (*W sd R looking over L shldr at ptr, rec L, cl R/in plc L, R*) ;
- 6 Sd R, rec L, cl R/in plc L, R (*W sd L looking over R shldr at ptr, rec R, cl L/in plc R, L*) ;
- 7 Fcg WALL fwd L rec R, bk L, cl R, bk L (*W fwd R trng 1/2 LF, rec fwd L, fwd R/cl L, fwd R to fc ptr*) ;
- 8 Bk R, rec L, in plc R/L, R (*W fwd L, rec R, in plc L/R, L*) ;

REPEAT PART C, MEAS 1-7

REPEAT PART A

REPEAT PART B

REPEAT PART C

END

1-3 FALLAWAY ROCK TO SCP ~ JIVE WALKS ; ; ; APART POINT FREEZE .

- 1-3 {**Fallaway Rock**} Rk bk L, rec R, sd L/cl R, sd L ; sd R/cl L, sd R to SCP, {**Jive Walks**} Rk bk L, rec R to SCP ; fwd L/R, L, fwd R/L, R ; Apt pt freeze ,

HEAD CUES

PART A

- 1-8 [BEGINS WITH NO INTRO BFLY WALL LEAD FOOT FREE] CUCARACHA TWICE ; ;
SHOULDER TO SHOULDER TWICE ; ;
FENCE LINE TWICE ; ;
SPOT TURN TWICE TO BFLY ; ;

PART B

- 1-8 BASIC ; ;
NEW YORKER TWICE ; ;
BREAK BACK TO OPEN & CHA ;
WALK 2 & CHA ;
CIRCLE AWAY AND TOGETHER TO BFLY ; ;

PART C

- 1-8 BASIC ROCK ~ FALLAWAY THROWAWAY ; ; ;
CHANGE HANDS BEHIND BACK ~ CHANGE RIGHT TO LEFT TO WALL TO BFLY ; ; ;
SAILOR SHUFFLE TWICE ;
PROGRESSIVE ROCK ;

REPEAT PART B

- 1-8 BASIC ; ;
NEW YORKER TWICE ; ;
BREAK BACK TO OPEN & CHA ;
WALK 2 & CHA ;
CIRCLE AWAY AND TOGETHER TO BFLY ; ;

REPEAT PART C

- 1-8 BASIC ROCK ~ FALLAWAY THROWAWAY ; ; ;
CHANGE HANDS BEHIND BACK ~ CHANGE RIGHT TO LEFT TO WALL TO BFLY ; ; ;
SAILOR SHUFFLE TWICE ;
PROGRESSIVE ROCK ;

INTERLUDE

- 1-8 CHASE PEEKABOO DOUBLE TO BFLY ; ; ; ; ; ; ; ; ;

REPEAT PART C, MEAS 1-7

- 1-7 BASIC ROCK ~ FALLAWAY THROWAWAY ; ; ;
CHANGE HANDS BEHIND BACK ~ CHANGE RIGHT TO LEFT TO WALL TO BFLY ; ; ;
SAILOR SHUFFLE TWICE ;

REPEAT PART A

- 1-8 CUCARACHA TWICE ; ;
SHOULDER TO SHOULDER TWICE ; ;
FENCE LINE TWICE ; ;
SPOT TURN TWICE TO BFLY ; ;

REPEAT PART B

- 1-8 BASIC ; ;
NEW YORKER TWICE ; ;
BREAK BACK TO OPEN & CHA ;
WALK 2 & CHA ;
CIRCLE AWAY AND TOGETHER TO BFLY ; ;

REPEAT PART C

- 1-8 BASIC ROCK ~ FALLAWAY THROWAWAY ; ; ;
CHANGE HANDS BEHIND BACK ~ CHANGE RIGHT TO LEFT TO WALL TO BFLY ; ; ;
SAILOR SHUFFLE TWICE ;
PROGRESSIVE ROCK ;

END

- 1-3 FALLAWAY ROCK TO SCP ~ JIVE WALKS ; ; ;
APART POINT FREEZE ,