

ADELINE

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Record: Special Press (flip: Rum & Coca Cola) available from Palomino or Choreographers

Footwork: Opposite, directions for man (lady as noted)

Speed: 44 RPI

Phase: Slow Two-Step (Soft) VI Timing: SQQ except where noted

Sequence: **Intro A B A B A Modif-A(1-8) End**

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Meas

Intro

1 -4 WAIT:: OPEN SIDE BASIC: TRNG SIDE BASIC:

- 1-2 Wait 2 meas in OP Pos both fcg LOD M's L & W's R free no hnd md;;
- 3 {Open Side Basic} Sd L twd COH (W twd WALL) comm swinging both hnds twd L (W twd R), -, XRIB extending L-hnd Sd R-hnd straight fwd, rec L;
- 4 (Trng Side Basic) Sd R tmng RF to fc WALL, -, XLIB, rec L assuming CP M fcg WALL;

Part A

1 -4 BASIC:: TRAVELING RIGHT TRN w/ OUTSIDE ROLL::

- 1-2 (Basic) CP M fcg WALL sd L, -, XRIB, rec L; Sd R, -' XLIB, rec R comm tm RF;
- 3-4 (Traveling Right Tm w/ Outside Roll) Cont tm RF crossing IF of W sd & bk L to fc RLOD, -, XRIB, twist tm RF 5/8 on both ft to fc DLW & shift wgt to L (W fwd R btwn M's if, -' fwd L, R around M RF) end CP M fcg DLW; Fwd R slightly trng RF to fc WALL raising jnd lead hnd to lead W tm RF, -, Sd L, XRIF (W Sd & bk L comm tm RF under jnd lead hnds, -, cont tm RF under jnd lead hnds R, L) end in LOP Fcg Pos M fcg WALL;

5-8 SIDE BASIC: OPEN BREAK w/ R OVER L: X-HND UNDERARM TRN w/ BOTH FACE LOOP::

- 5 (Side Basic) Assuming CP M fcg WALL sd L, -, XRIB, rec L;
- 6 (Open Break w/ R over L) Sd R releasing hnds & re-join R-hnds over L-hnds, -' apt L, rec R;
- 7-8 {X-Hnd Underarm Tm w/ Both Face Loop} Sd L raising jnd R-hnds to lead W tm RF under jnd R-hnds, -, XRIB cont leading W tm RF, rec L raising L-hnds (W sd R comm tm RF under jnd Rhnds, -, XLIF cont trng RF under jnd R-hnds, fwd R cont tmng RF to fc M & COH); Sd R leading W tm RF under jnd L-hnds & lowering over M's head & place on M's L shoulder & release, -' XLIB lowering jnd R-hnds over W's head & place on W's R shoulder, rec R end in Half OP Pos both fcg LOD W's L-hnd on M's L shoulder M's L-hnd extended Sd jnd R-hnds on W's R shoulder over W's L-arm

9-12 SHOULDER TUCK & SPIN: FWD BREAK: BK TRAVELING CROSS CHASSES (W SPIRAL & Walk 2)::

- 9 (Shoulder Tuck & Spin) Fwd L leading W slightly tm LF, -, fwd R leading W spin RF w/jnd R hnds & release hnd, fwd L (W fwd R trng slightly LF, -, free spin RF 1-1/2 L, R to fc M & RLOD) end in OP Fcg Pos M fcg LOD no hnd md;
- 10 {Fwd Break} Joining R-hnds fwd R, -, fwd L flexing knee looking at W, rec R (W bk L, -, bk R flexing knee, rec L);
- 11-12 (Bk Traveling Cross Chasses (W Spiral & Walk 2)) Bk L leading W spin LF & release R-hnds, -, bk R W/ R-shoulder lead, XLIF (W fwd R spiraling LF full tm to fc M, -, walk fwd L, R); Bk R, -' bk L w/ L-shoulder lead, XRIF (W fwd L spiraling RF full tm to fc M, -' walk fwd R, L) end in OP Fcg Pos M fcg LOD no hnd md;

- 13 - 16 BOLERO-BJO WHEEL RF:: LUNGE/STORK LINE: W SPIN LF to CP:**
- 13-14 (Bolero-Bjo Wheel RF} Bk L w/ checking motion assuming Bolero-Banjo Pos R-hnd around W's waist L-hnd extended Sd, -' comm wheel RF 1-1/4 fwd R, L (~N fwd R assuming Bolero-Bjo Pos Rhnd on M's L-shoulder L-hnd extended sd, -' comm wheel RF L, R); Cont wheel RF R, -, L, R (W cont wheel RF L, -' R, L) end in Bolero-Bjo P05 M fcg WALL;
- S - 15 (Lunge/Stork Line) Joining L-hnds sd L twd LOD flexing knee R ft extended sd twd RLOD
- (W &S -) looking at W R-hnd extended sd & up, -, hold, - (W releasing R-hnd swivel RF % on L to fc WALL]
- sd R twd RLOD, -, lift L knee WI sway L looking at M R-hnd over head, -);
- 16 (W Spin LF to CP) Rec R leading W spin LF w/ L-hnds & release, -, XLIB, rec R (W sd L comm spin LF 1-1/2, -, cont spin LF R, L) assuming CP M fcg WALL;

Part B

- 1 -4 LARIAT: SIDE BASIC: OPEN BREAK w/ R-HND SHAKE : CHANGE PLACE: RONDE**
- 1 (Side Basic) OP M fcg WALL Sd L, -, XRIB of L, rec L;
- 2 (Open Break w/ R-Hndshake} Sd R joining R hnds, -, apt L, rec R;
- 3 (Change Place) Fwd L twd W's R Sd trng RF % to fc COH leading W roll LF & release R-hnds, -, sd R twd LOD, XLIF (W fwd R twd M's R sd spiraling LF ~/2 to fc WALL, -, Sd L, XRIF of L) assume Loose OP M fcg COH;
- S - 4 (Ronde Lariat} Sd & slightly fwd R btwn W's ft leading W ronde OW, -' hold 2 cts trng upper body
- (W SQQ) LF to fc RLOD raising L-hnd over head to lead W lariat (W sd & fwd L around M ronde R OW, -, XRIB cont walking circling around M, Sd & fwd L) end in LOP both fcg RLOD;
- 5-8 OUTSIDE ROLL: OPEN BREAK: NAT TOP; W ROLL RF to OP M TRANS:**
- 5 (Outside Roll) Fwd L trng LF to fc WALL lowering jnd lead hnds, -, sd R raising jnd lead hnds to lead W tm RF under jnd lead hnds, XLIF lowering jnd lead hnds (W fwd R comm rolling RF under jnd lead hnds, -, cont rolling RF L, R to fc M & OOH) end in LOP Fcg Pos M fcg WALL;
- 6 (Open Break) Sd R twd RLOD, -, apt L, rec R comm trng RF;
- 7 (Nat Top) Assuming OP cant trng RF Sd & fwd L, -, XRIB cont trng RF, sd L (W fwd R across body comm trng RF, -' cont trng RF sd L, fwd R across body cont trng RF) end in OP M fcg LOD;
- SS 8 (W Roll RF to OP M Trans) Cont trng RF Sd R twd DRW leading W roll RF across body, -, XLIF,
- (W SQQ) - (W sd & fwd L comm roll RF 1-1/2, -, cont roll RF IF of M R, L) end in OP Pos both fcg DLW trailing hnds jnd; (now same footwork)
- 9 -11 OPEN FENCING: W ROLL to SHADOW: HORSE & CART to FC:**
- 8 (Open Fencing) OP Pos both fcg DLW sd R twd DRW, -, XLIF flexing knee free hnds extended sd look R, rec R;
- S - 10 (W Roll to Shadow) Sd L, -' hold swiveling LF 1/4 to fc DLC lead W spiral LF with jnd trailing
- (W SQQ) hnds & release, - (W Sd L, -, XRIF spiraling LF full tm to fc DLC IF of M, fwd L) end in SHADOW

- Q 11 Pos both fcg DLO L-hnds jnd M's R-hnd around W's waist W's R-hnd extended sd (Horse & Cart to Fc) Comm swiveling LF on L flexing L knee R ft extended sd & bk, cont swivel
(WQ&Q&Q&Q&Q&) LF on L, cont swivel LF on L, ci R to L (W run fwd around M COW 5/8 RIL, RIL, R/L, R/L tmng LF to fc M on last step) end assume OP M fcg WALL; (now opposite footwork)

Modified Part A

1-4 BASIC:: TRAVELING RIGHT TRN wI OUTSIDE ROLL::

1-4 Repeat Meas 1-4 of Part-A;;;;

5-8 SIDE BASIC: OPEN BREAK WI R OVER L: X-HND UNDERARM TRN WI M's FACE LOOP & PICKUP::

5-6 Repeat Meas 5-6 of Part-A;;

7-8 (X-Hnd Underarm Tm w/ M's Face Loop & Pickup) Sd L raising R-hnds to lead W tm RF under md R-hnds, -, XRIB cant leading W tm RF, rec L raising L-hnds releasing R-hnds (W Sd R comm tmng RF under jnd R-hnds, -' XLIF cant tmng RF under jnd R-hnds, fwd R cont tmng RF to fc M & COH); Sd R leading W tm RF under jnd L-hnds & lowering over M's head & place on M's L shoulder & release, -, tmng LF to fc LCD bk L placing R-hnd around W's back, rec R picking up W to OP (W Sd L cant tmng RF to fc LCD, -, bk R, rec L tmng LF to fc M) end in OP M fcg OLe;

Ending

1 -4+ TRIPLE OPEN TELEMARK::: THRU to OPEN THROWAWAY OVERSWAY:

- SQQ 1 (Triple Open Telemark) OP M fcg DLC fwd L comm tmng LF, -, sd R cont tmng LF, sd & slightly fwd L (W bk R comm tmng LF, -, cont tmng LF on R heel cl L, sd & fwd R) end in SOP fcg LOD;
- &SQQ 2-3 Fwd R small step picking up W to CP/fwd L comm tmng LF, -, sd R cant tmng LF, sd & slightly fwd L
- &SQQ ('N fwd L tmng LF to fc M/bk R comm tmng LF, -, cant tmng LF on R toe ci L, sd & fwd R) end in SOP fcg LCD; Repeat Meas 2 of Ending;
- SS - 4+ (Thru to Open Throwaway Oversway) Thru R, -' sd & fwd L flexing knee & allow R to point sd & bk, -; Rotate upper body LF releasing lead hnds & extend sd & bk & hold as music fades out, - ('N thru L, -, Sd & fwd R tmng LF flexing knee & slide L bk under body past R to point, -; Cant extending L Sd & bk placing R-hnd on M's L shoulder & hold as music fades out, -),