

A Wink and a Smile

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3403 E Main, Mesa, AZ, 85213, (480) 830-9251

MUSIC: CD Mesa Apache Productions "The Glass Slippered Dream" SPEED: As recorded

ARTIST: Mike Sikorsky [Available from Choreos] (Time @ recorded speed: 2:51)

PHASE: RAL V

RELEASED: Jan 1, 2004

RHYTHM: Foxtrot/Jive

FOOTWORK: Opposite unless noted (Woman's Footwork in parentheses)

TIMING: Standard unless noted.

SEQUENCE: **Intro, A, A, B, Int, A, C, B, A, End**

INTRO

1 - 3 CP/WALL WAIT 1 MEAS; TOG, TCH CP/DRW; FEATH FIN DLW;

1 Wait ;

(SS) 2 Stp Fwd L w rtf c upper body rotation, Tch R to L CP/DRW;

3 Back right turning left face, -, side & forward left, forward right outside woman crossing right leg in front of left at thighs to CBMP;

PART A

1 - 4 FWD, RUN 2; OP NAT; BK FEATH; FEATH FIN CKD;

1 - 2 [Fwd, Run 2] Fwd L, -, fwd R, fwd L; [Op Nat] Commence RF upper body turn fwd R heel to toe, -, side L across LOD, cont slight RF upper body trn to ld ptr to step outside bk R to CBMP (Comm RF upper body trn bk L, -, cl R [heel trn] cont trn, fwd L outside ptr to end CBMP);

3 - 4 [Bk Feath] Bk L, -, bk R w/ R shldr lead, bk L to CBMP;

[Feath Finish] Repeat Meas 3 of Intro Ckg on last step;

5 - - 8 TOP SPIN CKD; FEATH FIN 4 CKD; TOPSPIN; WK 2;

(QQQQ) 5 - 6 [Top Spin] spinning LF keeping L leg extended bk [1/8 LF turn bet the preceding step & step 1]; bk L in CBMP, bk R trng 1/8 LF bet stps 1 & 2, with L sd stretch sd & slightly fwd L [1/4 LF trn bet stps 2 & 3 body turns less], with L side stretch fwd R in CBMP outside ptr ckg (spin LF keeping R leg extended fwd [1/8 LF trn bet the preceding stp & stp 1]; fwd R in CBMP outside ptr, fwd L trng 1/8 LF bet stps 1 & 2, with R sd stretch sd & slightly bk R [1/8 LF trn bet stps 2 & 3, with R sd stretch bk L in CBMP [1/8 LF trn bet stps 3 & 4 body trns less]);

(QQQQ) [Feath Fin 4 Ckd] Bk L, Bk R trng LF, sd & fwd L, fwd R outside woman crossing Rleg in front of L at thighs to CBMP Ckg;

(QQQQ) 7 - 8 [Top Spin] Repeat Meas 5, Part A w/o ckg;

(SS) [Wk 2] Fwd L, -, Fwd R, -; (Note: 3rd & 4th times Trn to Fc Wall)

PART B

1 - - 5 REV TRN;; 3 STP; NAT WEAVE;;

1 - 3 [Rev Trn] Fwd L starting LF body trn, -, sd R cont trn, bk L LOD to CP; bk R cont LF trn, -, sd & slightly fwd L diag LOD & wall, fwd R to CBMP (Bk R starting LF trn, -, cl L to R (heel turn) cont trn, fwd R to CP; fwd L cont LF trn, -, sd R to diag LOD & wall, bk L to CBMP diag LOD & wall);

[3 Step] Starting with L ft, three fwd passing stps with heel lead on stps 1 & 2

rising to toe on step 3 (Starting with R foot, three bkwd passing stps);(S QQQQQ) 4 - 5 [Nat Weave] Fwd R comm to trn RF, -, sd L with L sd stretch [under 1/4 RF trn bet stps 1 & 2], with R sd ld bk R diag LOD & COH prep to ld W outside ptr [slight RF turn bet stps 2 & 3]; with R sd stretch bk L in CBMP, bk R comm LF trn passing thru CP, with L sd stretch sd & fwd L prep to stp outside ptr trng 1/4 LF bet stps 5 & 6 body trns less, with L sd stretch fwd R in CBMP outside ptr diag LOD & wall (Bk L comm to trn RF, -, R ft closes to L [heel turn] with R side stretch trng 1/4 RF bet stps 1 & 2, with L sd ld fwd L preparing to stp outside ptr; with L sd stretch fwd R in CBMP outside ptr, fwd L comm to trn LF passing thru CP, with R sd stretch sd R trng LF 1/8 bet stps 5 & 6, with R sd stretch bk L trng LF 1/8 bet stps 6 & 7 body trns less diag LOD & wall;);

6 - - 8 DBL REV; HOVER TELE; SLOW SD LK;

(SS) 6 [Dbl Rev] Fwd L comm to trn L F, -, sd R [3/8 LF trn bet stps 1 & 2], spin up to 1/2 LF bet stps 2 & 3 on ball of R bringing L foot under body besd R with no weight flexed knees (Bk R comm to trn LF, -, L foot closes to R [heel trn] trng 1/2 LF bet stps 1 & 2 / sd & slightly bk R continuing LF trn, cross L in front of R;);
7 [Hover Tele] Fwd L, -, diag sd & Fwd R rising slightly [hovering] with body trng 1/8 to 1/4 RF, Fwd L small stp on toes to SCP (Bk R, -, diag sd & bk L with hovering action & body trng 1/8 to 1/4 RF, Fwd R small stp on toes to SCP);
Trng 1/4 LF sd & fwd L with L sd stretch, -, slip bk R shaping to ptr, fwd L cont trng to face ptr, (W trng 1/4 RF sd & fwd R raising L arm trng slightly away from ptr but looking at & shaping to ptr, -, slip fwd L in front of man trng 1/2 LF, bk R cont trng to fc ptr) fc WALL;
8 [Slow Sd Lk] Thru R, -, sd & Fwd L to CP, cross R in bk of L trng slightly LF;

INT

1 WK 2;

(SS) 1 Fwd L, -, Fwd R, -;

PART C

1 - - 4 SD, TCH, RT CHASSE; MIAMI SPECIAL ~ SHLDR SHOVE;;;

1 [Sd, Tc, Rt Chasse] Sd L, Tch R to L, Sd R/Cl L to R, Sd R;

2 - 3 1/2 [Miami Special] Rk apt L, rec R, fwd L/R, L trng RF 3/4 to lead W to trn LF under joined R hnds putting joined hnds over M's head so hnds rest beh M's neck; sd R/L, R,

3 1/2 - 4 [Shldr Shove] Rk apt L, rec R trng RF; sd L/cl R, sd L twd ptr bringing M's L & W's R shldr tog trng LF to fc ptr, bk R/cl L, bk R;

5 - - 8 LINDY CATCH;; SD BRKS (2 S, 4 Q);;

5 - 6 [Lindy Catch] Rk apt L, rec R, fwd L/R, L moving RF arnd W catching her at waist with R hnd releasing L hnd [M is in bk of W with R arm arnd her waist]; fwd R, L cont arnd W, fwd R/L, R to L open fcng pos; Rk apt R, rec L, fwd R/L, R [W in frnt of M]; bk L, R still fcng same direc [no turn], bk L/R, L to L open fcng ptr;

7 - 8 [Sd Brks] Push step left/push step right, -, close left/close right, -; push step left/push step right, close left/close right, push step left/push step right, close left/close right;

9 - - 12 DBL RK FALLAWAY THROWAWAY;; CHICKEN WKS (2 S, 4 Q);;

9 - 10 [Dbl Rk Fallaway Throwaway] Rk bk L, rec R, rk bk L, rec R; sd L/cl R, sd L, sd R/cl L, sd R making up to 1/4 LF trn on triples (Rk bk R, rec L, pick up R/L, R; sd & bk L/cl R, sd L making up to 1/2 trn on the triples,);

11 - 12 [Chicken Walks] Bk L, -, bk R, -; Bk L, bk R, bk L, bk R;

13 - 16 LINK RK ~ RK, REC, JIVE WKS;;; STRUT 4 PU;

13 - 15 [Link Rk] Rk bk L, rec R, small triple fwd L/R, L; sd R/L, R to SCP, Rk bk L, rec R;
Fwd L/R, L, Fwd R/L, R;

16 [Strut 4] Fwd L, fwd R, fwd L, fwd R (Fwd R, fwd L, fwd R, fwd L trng LF in frnt of
M;) to CP/LOD;

END

1 - - 4 SD, DRAW, TCH L; SD, DRAW, TCH R; DBL TWIRL 4;;

(S; S;) 1 - 2 Sd L, Draw R to L, tch R, -; Sd R, Draw L to R, tch L, -;

(SS; SS;) 3 - 4 Sd L, XRIB, Sd L, XRIB (Side and forward right turning 1/2 right face under
joined hands, side and back left turning 1/2 right face, Side and forward right
turning 1/2 right face under joined hands, side and back left turning 1/2 right
face;) Bfly Wall;

5 - - 8 PROM SWAY; OVERSWAY; SPOT PIVOT 4;;

(S; S;) 5 - 6 [Prom Sway] Sd & fwd L trng to SCP and stretching body upward to look over
joined lead hands, -, relax left knee, -; [Oversway] Leaving right leg
extended stretch L sd of body w/ slight LF upper body trn;

(SS; SS;) 7 - 8 [Spot Pivot] Bk trn, -, fwd trn, -; Bk trn, -, fwd trn, -; (No Progression)

9 -10 RT LUNGE; CHG TO HINGE LINE & EXTEND;

(SS; SS;) 9 - 10 [Rt Lunge] Fwd L, Flex L knee move sd & slightly fwd R keeping L sd in twd ptr
& as weight is taken on R flex R knee & make slight LF body turn & look at ptr, -, -;

[Chg to Hinge Line] Rec L comm L sd stretch, cont L sd stretch leading W to
cross her L ft beh her R keeping L sd in to ptr relaxing L knee & trng R knee to
sway R and look at W (Rec right with up to ¼ trn bet steps 1 & 2 comm R sd
stretch & cont R sd stretch swvl LF, XLIB of R keeping L sd in to ptr relaxing L
knee [head to L with shldr almost parallel to partner] with no weight on R), -, -;

(quick cues)

~~ Below ~~

A Wink and a Smile (quick cues)

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LOP FCNG DLW WAIT 1; TOG CP DRW, TCH; FEATH FINISH DLW;

REPEAT A

WK 2;

PART C

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INTRO

PART A

FWD, RUN 2; OP NAT; BK FEATH; FEATH FINISH CKG;

TOP SPIN CKG; FEATH FINISH 4 CKG; TOPSPIN; WK 2;

PART B

REV TRN;; 3 STP; NAT WEAVE;;

DBL REV; HOVER TELE; SLOW SD LK;

INT

PART A(MOD)

FWD, RUN 2; OP NAT; BK FEATH; FEATH FINISH CKG;

TOP SPIN CKG; FEATH FINISH 4 CKG; TOPSPIN; WK & FC WALL;

SD, TCH, RT CHASSE TO HND SHK; MIAMI SPECIAL ~ SHLDR SHOVE;;;

LINDY CATCH;; SD BRKS (2 S 4 Q);;

DBL RK FALLAWAY THROWAWAY;; CHICKEN WALKS (2 S, 4 Q);;

LINK RK ~ RK, REC, JIVE WKS;;; QK STRUT 4 PICKING UP;

REPEAT B

REPEAT A(MOD)

ENDING

SD, DRAW, TCH L & R;; TWIRL 4;

PROM SWAY; OVERSWAY; SPOT PIVOT 4;

RT LUNGE; CHG TO HINGE LINE & HOLD;