

A Perfect Year

(REV 1)

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Record: A Perfect Year STAR# 158A (Available through Choreographer or Palomino)

Footwork: Opposite, directions for man (lady as noted)

Rhythm: Rumba Phase: VI

RPM: 44

Sequence: Intro-A-B-A-B-Inter-End

Release Date: May 9, 2001

Intro

1-4 WAIT; SLOW X LINE ; SLOW RISE & CLS ; OUT TO FAN ;

- 1 [WAIT] wrapped both fcng wall lead hnds joined lead ft free ;
- 2 [SLOW X LINE] lower into R knee allowing L ft to extend towards LOD; (W lower into L knee allowing R ft to extend towards RLOD;)
- 3 [SLOW RISE & CLS] slowly straighten R knee, , CLS L to R, ; (W slowly straighten L knee, , CLS R to L, ;)
- 4 [ROLL OUT TO FAN] bk R, rec L bringing lead hnds to M's L hip, sd R shaping to the W, ; (W sd & fwd L commencing LF trn, continue LF trn sd R to end with lead hnds at M's hip, bk L to fan position, ;)

Part A

1-8 OVRTRND HCKY STK TO TANDEM ; ; CK FWD W SWVL TO 3 BK WLKS {LAST BK WLK CURVE TO COH} ; ; ; ALEMANA TRN ; NY ; SPT TRN ;

- 1-2 [OVRTRND HCKY STK] ck fwd L, rec R, cls L, ; (W cls R, fwd L, fwd R, ;)
bk R, fwd L towards DRW lead W overtrn LF a full trn fwd R DRW in tandem W in front lead hnds joined, ; (W fwd L, fwd R DRW overtrn LF a full trn, fwd L DRW tandem in front of M lead hnd's joined, ;)
- 3-5 [CK FWD W SWVL BK WLK'S] fwd L lead W trn RF, rec R, bk L backing LOD, ;
(W fwd R DRW trn RF ½, fwd L, fwd R to LOD, ;) bk R, bk L, bk R, ; bk L starting to curve to COH, continue curve bk R, fcng WALL cls L bringing lead arm up & stoping the W, ;
- 6 [ALEMANA TRN] bk R, rec L, sd R, ; (W XLIFR trn RF, fwd R continue trn to fc ptr, sd L, ;)
- 7 [NY] sharply trng to RLOD & opening ck thru L, rec R, trng LF to fc ptr & WALL sd L, ;
- 8 [SPOT TRN] XRIFL swvlng LF to fc RLOD, fwd L trng LF to fc ptr, sd R, ;

9-16 ALEMANA ; ; MOD ROPE SPN M TRN {COH} ; FENCE LINE ; ADVANCED ALEMANA ; ; CURL & SEND HER TO FAN ; ;

- 9-10 [ALEMANA] ck fwd L, rec R, cls L bringng lead arm up to stop W, ; bk R & leading W underarm RF trn, rec L, sd R & leadng W to spiral a full trn RF, ;
(W XLIFR trn RF under joined lead hnd's, fwd R, fwd L spiraling RF a full trn, ;)
- 11 [MOD ROPE SPN] sd L, rec R, sd L swiveling LF to ptr & COH, ; (W around ptr fwd R, fwd L, fwd R trng to fc ptr & should be slightly to the R, ;)
- 12 [FENCE LINE] XRIFL & ck, rec L, sd R fcng ptr & COH, ;
- 13-14 [ADVANCED ALEMANA] ck fwd L, rec R, trng 1/8 RF trn sd L raising lead arm, ;
(W bk R, rec L, small sd R swvlng RF to fc ptr, ;) XRIBL trng RF, sd L completing RF trn to fc WALL, cls R, ; (W continue RF trn under joined lead hnd's fwd L, continue RF trn fwd R, continue trn fwd & sd L to fc ptr & COH should be 1 ½ trn over entire figure of Advanced Alemana, ;)

PART A CONTINUED

- 15-16 [CURL & SEND TO FAN] ck fwd L, rec R, cls L leading W to swvl LF under lead hnd's & bring lead hnd's down in front of W to waist, ; (W bk R, rec L, fwd R swvl RF under joined lead hnd's to end fcng WALL lead hnd's down at waist fcng same direction as M, ;) bk R, rec L bringing lead hnds to M's L hip, sd R shaping to the W, ; (W sd & fwd L commencing LF trn, continue LF trn sd R to end with lead hnds at M's hip, bk L to fan position, ;)

PART B

- 1-8 ALEMANA {CP RT SD} ; ; NAT OPNG OUT TO CIRCULAR HIP TWST'S ; ; ; FAN ; ALEMANA TO BFLY ; ;
- 1-2 [ALEMANA] ck fwd L, rec R, cls L bringng lead arm up to stop W, ; bk R leading W to RF underarm trn, rec L, fwd R to CP WALL, ; (W XLIFR trn RF under joined lead hnd's, fwd R continue trn to fc ptr, fwd L to CP slightly on M's rt sd, ;)
- 3-5 [NAT OPNG OUT TO CIR HIP TWSTS] fwd & sd L allowing W to open out, rec R bringing W to R sd, XLIBR to the 7 position causing W to swvl RF, ; (W swvl RF ½ bk R, rec L swvl LF ½, fwd R otsd M's R sd swvl RF at end of slow, ;) trng LF & leading W to hip twsts sd R, XLIBR to the 7 position, sd R, ; (W fwd L swvl LF, fwd R swvl RF, fwd L swvl LF, ;)
continue LF trn XLIBR to the 7 position, sd R, XLIBR to the 7 position, ; (W fwd R swvl RF, fwd L swvl LF, fwd R swvl RF, ;)
- 6 [FAN] bk R, rec L bringing lead hnd's to M's L hip, sd R to fc WALL & shaping to the W, ; (W fwd L to LOD, fwd & sd R trng LF to end with lead hnds at M's hip, bk L to fan position, ;)
- 7-8 [ALEMANA] ck fwd L, rec R, cls L bringng lead arm up to stop W, ; bk R leading W to RF underarm trn, rec L, sd R to BFLY WALL, ; (W XLIFR trn RF under joined lead hnd's, fwd R continue trn to fc ptr, sd L to BFLY, ;)
- 9-16 BRK BK TO OP BOTH SPIRAL {LOD} ; RUMBA WLK'S ; ; AIDA ; SLOW HIP RK'S ; BK TO BK FENCE LINE & FC ; SPOT TRN ; M SYNC HIP RK'S LADY SYNC TO FAN ;
- 9 [BRK BK & SPIRAL] swvl LF ck bk L to OP LOD, rec R, fwd L & spiral RF a full trn to fc LOD, ; (W swvl RF ck bk R to OP LOD, rec L, fwd R & spiral LF a full trn to fc LOD, ;)
- 10-11 [RUMBA WLK'S] join trailing hnd's fwd R, fwd L, fwd R, ; fwd L, fwd R, fwd L, ; (W fwd L, fwd R, fwd L, ; fwd R, fwd L, fwd R, ;)
- 12 [AIDA] fwd R trng RF, sd L continue RF trn, bk R to end in a V bk to bk position M fcng DRC, ; (W fwd L trng LF, sd R continue LF trn, bk L to end in a V bk to bk position W fcng DRW, ;)
- 13 [SLOW HIP RK'S] rec L, , rec R, ;
- 14 [BK TO BK FNC LINE] XLIFR towards DLC (W to DLW) & ck, rec R, sd L swvl LF to ptr & WALL in BFLY, ;
- 15 [SPOT TRN] XRIFL swvlng LF to fc RLOD, fwd L trng LF to fc ptr, sd R, ;
- 16 [M SYNC HIP RK'S W SYNC TO FAN] sd L/ rec R, rec L bringing lead hnds to M's L hip, sd R shaping to the W, ; (W sd & fwd R to LOD/ fwd L, fwd & sd R trng LF to end with lead hnds at M's hip, bk L to fan position, ;)

INTERLUDE

- 1-8 ALEMANA ; ; MOD ROPE SPN M TRN {COH} ; FENCE LINE ;
ADVANCED ALEMANA ; ; CUCARACHA {2X} ; ;
- 1-2 [ALEMANA] ck fwd L, rec R, cls L bringng lead arm up to stop W, ; bk R & leading W underarm RF trn, rec L, sd R & leadng W to spiral a full trn RF, ; (W XLIFR trn RF, fwd R, fwd L spiraling RF a full trn, ;)
- 3 [MOD ROPE SPN] sd L, rec R, sd L swiveling to fc ptr & COH, ; (W around ptr fwd R, fwd L, fwd R trng to fc ptr & should be slightly to the R, ;)
- 4 [FENCE LINE] XRIFL & ck, rec L, sd R fcng ptr & COH, ;
- 5-6 [ADVANCED ALEMANA] ck fwd L, rec R, trng 1/8 RF trn sd L raising lead arm, ; (W bk R, rec L, small sd R swvlng RF to fc ptr, ;) XRIBL trng RF, sd L completing RF trn to fc WALL, cls R join both hnd's low, ; (W continue RF trn under joined lead hnd's fwd L, continue RF trn fwd R, continue trn fwd L to fc ptr & COH join both hnd's low should be 1 ½ trn over entire figure of Advanced Alemana, ;)
- 7-8 [CUCARACHA'S w/ ARMS] sd L, rec R, cls L "lead hnd's start low & go up from center & out throughout measure", ; sd R, rec L, cls R "lead hnd's start low & go up from center & out throughout 1st measure & trailing hnd's start low & go up from center & out throughout 2nd measure", ;

END

- 1-10 BRK BK TO OP BOTH SPIRAL ; RUMBA WALK'S ; ; AIDA ;
SLOW HIP RK'S ; BK TO BK FENCE LINE & FC ;
SPOT TRN HND'S LOW ; SYNC HIP RK'S ; SLOW FWD & PU ;
TELEMK w/ LEG CRAWL ;
- 1 [BRK BK & SPIRAL] swvl LF ck bk L to OP LOD, rec R, fwd L & spiral RF a full trn to fc LOD, ; (W swvl RF ck bk R to OP LOD, rec L, fwd R & spiral LF a full trn to fc LOD, ;)
- 2-3 [RUMBA WLK'S] join trailing hnd's fwd R, fwd L, fwd R, ; fwd L, fwd R, fwd L, ; (W fwd L, fwd R, fwd L, ; fwd R, fwd L, fwd R, ;)
- 4 [AIDA] fwd R trng RF, sd L continue RF trn, bk R to end in a V bk to bk position M fcng DRC, ; (W fwd L trng LF, sd R continue LF trn, bk L to end in a V bk to bk position W fcng DRW, ;)
- 5 [SLOW HIP RK'S] rec L, , rec R, ;
- 6 [BK TO BK FNC LINE] XLIFR towards DLC (w to DLW) & ck, rec R, sd L swvl LF to ptr & WALL in BFLY, ;
- 7 [SPOT TRN] XRIFL swvlng LF to fc RLOD, fwd L trng LF to fc ptr, sd R joining both hnd's low, ;
- 8 [SYNC HIP RK'S] sd L/ rec R, rec L, sd R, ;
- 9 [SLOW FWD & PU] small sd & fwd L to LOD leading W to prepare for pu, , cls R leading W to a pu position in CLSD to fc DLC, ; (W fwd R, , fwd L swvl LF to a pu position in CLSD, ;)
- 10 [TELEMK w/ LEG CRAWL] fwd L, fwd & sd R around W close to W's feet trng LF, fwd & sd L, with a slight LF trn to lead W into leg crawl end fcng WALL "leg crawl should end sharply on last beat";

QUICK CUES

INTRO

WRAPPED BOTH FCNG WALL WAIT 1 MEAS ; SLOW X LINE ;
SLOW RISE & CLS ; ROLL OUT TO FAN ;

PART A

OVRTRND HCKY STK TO TANDEM ; ;
CK FWD W SWVL TO 3 BK WKS {LAST BK WK CURVE TO COH} ; ; ;
STOP HER FOR THE ALEMANA TRN ; NY ; SPT TRN ; ALEMANA ; ;
MOD ROPE SPN - M TRN TO COH ; FENCE LINE ; ADV ALEMANA {WALL} ; ;
CURL & OUT TO FAN ; ;

PART B

ALEMANA {M's RT SD} ; ; NAT OPNG OUT TO CIRCULAR HIP TWST'S ; ; ;
FAN ; ALEMANA {BFLY} ; ; BRK BK TO OP BOTH SPIRAL {LOD} ;
RUMBA WLK'S ; ; AIDA ; SLOW HIP RK'S ;
BK TO BK FENCE LINE {FC} ; SPT TRN ;
{HND'S LOW} W SYNC TO FAN ;

PART A

OVRTRND HCKY STK TO TANDEM ; ;
CK FWD W SWVL TO 3 BK WKS {LAST BK WK CURVE TO COH} ; ; ;
STOP HER FOR THE ALEMANA TRN ; NY ; SPT TRN ; ALEMANA ; ;
MOD ROPE SPN - M TRN TO COH ; FENCE LINE ; ADV ALEMANA {WALL} ; ;
CURL & OUT TO FAN ; ;

PART B

ALEMANA {CP RT SD} ; ; NAT OPNG OUT TO CIRCULAR HIP TWST'S ; ; ;
FAN ; ALEMANA {BFLY} ; ; BRK BK TO OP BOTH SPIRAL {LOD} ;
RUMBA WLK'S ; ; AIDA ; SLOW HIP RK'S ;
BK TO BK FENCE LINE {FC} ; SPT TRN ;
{HND'S LOW} W SYNC TO FAN ;

INTERLUDE

ALEMANA ; ; MOD ROPE SPN M TRN TO COH ; FENCE LINE ;
ADV ALEMANA {BFLY WALL} ; ; CUCA'S {2X} ; ;

END

BRK BK TO OP BOTH SPIRAL {LOD} ; RUMBA WLK'S ; ; AIDA ;
SLOW HIP RK'S ; BK TO BK FENCE LINE {FC} ; SPT TRN {HND'S LOW} ;
SYNC HIP RK'S ; SLOW FWD & PU ; TELEMK WITH LEG CRAWL ;