

AL'S WALTZ

Choreo: Allemande Al & Martha Wolff, 1553 So. Carpenter Road, Brunswick, Ohio 44212-3826 (330) 225-2553

Record: Grenn 14074 Alabama Waltz (flip D'Lovely) Speed : 45 RPM or slower

Footwork: Opposite, except as directed (women's directions in parenthesis)

Rhythm: Ph II+2 WZ (Hover, Spin Turn) with Diamond Turns, Ph III+1

Sequence: Intro- A-A-A-End

Intro 1-4: in BFLY ; ; Vin/Twirl 3 ; Thru Fc Clo (BFLY) ;

1-4: wait 2 meas. ; ; ; Sd L, XRIBL ,sd L (W RF trn twrl LOD R,L,R) Thru R, Sd L,clo R (W Thru L)to BFLY;

A 1-4: Wz Away; Wrp Up; Wz Fwd ; PU fc LOD ; ‘

1-4: Sd L twd LOD & awy from ptrnr ,cl R,cl L; short stps fwd R,L,R (W roll L,R,L to wrapped pos),both hnds jnd; in wrap pos, Fwd L,R, L; Fwd short stps R,L,R (W lg stp fwd L trng to fc ptrnr & RLOD, sd R,clo L);

5-8: 2 L Trns (CP/Wall) ; ; Hover ; PU Sdcar/LOD) ;

5-8: Fwd L, trng LF 3/8 , sd R, cl L ;Cont LF trn, Bk R trng 3/8, Sd L, Cl R ; (CP/Wl) Fwd L twds Wl, Bk R rising on toe, Sl ptg twd LOD ; L fwd twds LOD ; Fwd short stps R,L,R (W lg stp fwd L trng to fc ptrnr & RLOD, sd R,clo L) CP/Sdcr/LOD;

9-12: 3 Prog Twkl ; ; ; Twkl to fc (CP/Wall) ;

9-12: XLIFR DLW, sd R twstg to Bjo, clo L (W XRIBL); XRIFL, sd L twstg to Sdcr, cl R (W XLIBR)); repeat meas 9 Part A; Thru R, Sd L & fc ptrnr,cl R;

13-16: Twsty Vin 3 ; Manuv; 2 R Trns [CP/LOD] ; ;

13-16: Sd L, XRIBL, Sd R (W Sd R, XLIFR, Sd R; Fwd R bet ptrnr's feet & trng to fc ptrnr & RLOD, sd L, Cl R ; ; Bk L trng RF, sd R, sl L; Fwd R trng RF, sd L, cl R ;

17-20: Diamond Turns (or L Trng Box) CP/LOD ; ; ; ;

17-20: Fwd L trng ¼ LF, Sd R, Bk L diag XIBR; Bk R trng ¼ LF, Sd L, Fwd R diag XIFL ; repeat meas 17-18 Part A ; ;

OPTIONAL L Trng Box =Fwd L trng ¼, Sd R, Cl L; Bk R trng ¼, Sd L, Cl R; repeat ; ;

21-24: 1 L Trn (fc RLOD); Bkup Wz ; 2 R Trns (CP/Wall);

21-24: Fwd L, trng ½, Sd R, Cl L; Bk R, Bk L, Bk R ; repeat meas 5-6 Part A ; ;

25-28: Dp Cent ; Manuv ; Spn Trn; ½ a Box Bk ;

25-28: Bk L, ext R leg & hold ; repeat meas 14 Part A ; Bk L pivoting ½ to fc LOD; Fwd R bet ptrnr's feet, rec Sd L; Bk R, Sd L, Cl R;

29-32: 2 L Turns (BFLY) ; ; ; Vin /Twrl 3 ; (Thru fc Clo)(Drift Apt)

29-32: Fwd L trng 3/8, Sd R, Cl L ; Bk R trng 3/8, Sd L, Cl R ; Repeat meas 3-4 Intro

End: At 3d time, substitute Drift apart for Thru fc close in meas 32

32: Bk L, extending lead hnd hold & ptg R twds ptrnr