

ALL ABOUT WE

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CD: "We" 12 Songs: Limited Edition, Track 12 Artist: Neil Diamond
Availability: MP3 from iTunes & Others CD from Amazon & Others
Rhythm: Foxtrot/Jive RAL Phase V Difficulty Level -Easy
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL Foxtrot & Jive unless noted. Time @ 45 RPM: 3:51
Sequence: Intro-A-A1-B-A2-B-D-End Released: August 1, 2011

Meas

INTRODUCTION

1 --4 CP DRC WAIT Vocal, 2 Rim Taps & 2;; HES CHG; QK LFT TWIST VINE 4
CP/DLC;

1 - 2 CP DRC wait thru vocal & 2 rim taps, then 2 meas;;
SS 3 - 4 [Hes Chg] Comm RF upper body trn bk L, -, sd R continuing RF
trn, starting to draw L to R, finish drawing L to R
(Comm RF upper body trn fwd R, -, sd L continuing RF trn, starting to
draw R to L, finish drawing R to L;);
QQQQ [Qk Lft Twist Vine 4] Fwd L with slight LF trn to fc ptr, sd R,
cont slight LF trn XLIB, with RF trn sd R to
CP/DLC;

PART A

1 --4 OP TELE; 1/2 NAT TRN; SPIN TRN; FEATH FINISH;
1 - 2 [Op Tele] Fwd Lcomm LF trn, -, sd Rcont trn, sd & fwd L (W bk R
comm Lftrn, -, cl L to Rfor heel trn, sd
& fwd R) to SCP/DLW; [1/2 Nat] Commence RF upper body trn fwd R heel to
toe, -, sd L across LOD, bk R
((With slight RF upper body trn fwd L, -, sd R, fwd L;) to CP/DRC;
3 - 4 [Spin Trn] Commence RF upper body trn bk L toe pivoting ½ RF to fc
DLW, -, fwd R bet W's feet heel to toe
cont RF trn keeping lft leg extended bk & sd, complete trn sd & bk on L
(Commence RF upper body trn fwd R bet
M's feet heel to toe pivoting ½ RF, -, bk L toe cont trn brush R to L,
complete trn fwd R;) to fc DLW;
[Feath Fin] Bk R comm. LF trn, -, sd & fwd L outside ptr, fwd R (W fwd L
comm. LF trn, -, sd & bk R, bk L) to
BJO DLC;

5 --8
REV WAVE;; CL IMP; BK, SD, DRAW;

5 - 6
[Rev Wave ½] Fwd L starting LF body trn 3/8, -, sd R line of
progression, bk L DLW (Bk R starting LF body
trn 3/8, -, cl L to R [heel turn], fwd R DLC;); Bk R, -, bk L, bk R
curving LF (fwd L, -, fwd R, fwd L curving LF;)
to CP/RL0D;

7 - 8 [C 1 Imp] BkLtrng RF , -, cont trncl R to L, bk& sd Lto CP DLW (W

fwd R btwn M's ft, -, fwd L trng
S,S; RF, brush R to L then fwd on R betwn M's feet); [Bk, Sd, Draw] BkR,
-, sd L, drawR to L;
9 --12 NAT WEAVE;; HOVER TELE; OP NAT;

9 - 10 [Nat Weave] Fwd R comm to trn RF, -, sd L with left sd stretch
[under 1/4 RF trn betwn steps 1 & 2], with rt sd lead
SQQ bk R DLC preparing to lead W outsd ptr [slight RF trn betwn steps 2
& 3]; with rt sd stretch bk L in BJO, bk R
QQQQ comm LF trn passing thru CP, with left sd stretch sd & fwd L
preparing to step outsd ptr trng 1/4 LF betwn steps 5

& 6 body trns less, with left sd stretch fwd R in BJO outsd ptr DLW (Bk
L comm to trn RF, -rt foot closes to L
heel trn with rt sd stretch trng 1/4 RF betwn steps 1 & 2, with left sd
lead fwd L preparing to step outsd ptr; with left
sd stretch fwd R in BJO outsd ptr, fwd L comm to trn LF passing thru CP,
with rt sd stretch sd R trng LF 1/8 betwn
steps 5 & 6, with rt sd stretch bk L trng LF 1/8 betwn steps 6 & 7 body
trns less DLW);;

11 - 12
[Hover Tele] Fwd L, -, diag sd & fwd R rising slightly [hovering] w/body
trng 1/8 RF, fwd L small step on toes to
SCP (Bk R, -, diag sd & bk L w/hovering action and body trng 1/8 RF, fwd
R small step on toes to SCP);;
[Op Nat] Comm RF upper body trn fwd R heel to toe, -, sd L across LOD,
cont slight RF upper body trn bk R
leading ptr to step outside the M to BJO DRC (Comm RF upper body trn bk
L, -, cl R [heel turn] cont trn, fwd L
outside ptr to BJO);;

13 - 16 OUTSD SPIN; OUTSD CK; HES CHG; QK LFT TWIST VINE 4 CP/DLC;

13 - 14
[Outside Spin] In BJO preparing to lead W outside ptr comm RF body trn
toeing in with rt sd lead bk L in BJO
small step 3/8 trn RF on step 1, -, fwd R in BJO heel to toe cont to trn
RF, [3/8 RF trn betwn steps 2 & 3] sd & bk L
to end in CP 1/4 RF trn on 3 (Comm RF body trn w/lft sd lead staying
well into the M's rt arm fwd R in BJO outside
ptr heel toe, -, L closes to R pivot on toes of both ft 5/8 trn betwn
steps 1 and 2, cont to trn RF 1/4 betwn steps 2 and
3 fwd R betwn M's feet to end in CP 1/8 RF trn on step 3);; [Outside Ck]
Bk R trng LF, -, sd & fwd L, ck fwd R
outside ptr to BJO/DRC (Fwd L trng LF, -, sd & bk R, ck bk L outside ptr
to BJO/DLW);;

15 - 16
[Hes Chg] Repeat Meas 3, Intro; [Qk Lft Twist Vine 4] Repeat Meas 4,
Intro;

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PART A1

1 --4 OP TELE; 1/2 NAT TRN; SPIN TRN; FEATH FINISH;

1 -

4 Repeat Meas 1 to 4, Part A

5 --8 REV WAVE;; CL IMP; BK, SD, DRAW;

5 -

8 Repeat Meas 5 to 8, Part A;;;

9 --12 NAT WEAWE;; HOVER TELE; OP NAT;

9 -

12 Repeat Meas 9 to 12, Part A;;;

13 -

16 OUTSD SPIN; OUTSD CK; OP IMP; THRU, FC, CL;

13 -

14 Repeat Meas 13 & 14, Part A;;

15 -

16 [Op Imp] comm RF upper body trn bk L, -, cl R to L [heel turn] cont

3/8 RF trn, complete trn fwd L in tight

SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe

pivoting 1/2 RF, -, sd & fwd L cont trn arnd

M brush R to L, complete trn fwd R); [Thru, Fc, Cl] Thru R commence RF

trn to fc ptr & wall, -, sd L, cl R to L;

PART B

1 --5 SD, TCH, RT CHASSE; RK TO CHASSE ROLLS;; RK TO CHASSE ROLLS BK;;

1 -

3 [Sd, Tch, Rt Chasse] Sd L, tch R to L, sd R/cl L, sd R; Chasse Rolls]

Rk bk L to SCP, rec R to fc, sd L/cl R, sd L

trng RF to bk-to-bk pos; sd R/cl L, sd R cont trn to fc, sd L/cl R, sd L

end fcng ptr complete one full trn (Rk bk R to

SCP, rec L to fc, sd R/cl L, sd R trng LF to bk-to-bk pos; sd L/cl R, sd

L cont trn to fc, sd R/cl L, sd R end fcng ptr

complete 1 full turn);

4 -

5 [Chasse Rolls] Brk bk R to 1/2 LOP, rec L to fc, sd R/cl L, sd R trng LF

to bk-to-bk pos; sd L/cl R, sd L cont trn to

fc, sd R/cl L, sd R end fcng ptr complete one full trn (Brk bk L to 1/2

LOP, rec R to fc, sd L/cl R, sd L trng RF to bkto-

bk pos; sd R/cl L, sd R cont trn to fc, sd L/cl R, sd L end fcng ptr

complete 1 full turn);

6 --9

FALLAWAY THROWAWAY ~ RK, REC, CHICKEN WKS {2S, 4Q};;;

6 -

7

[Fallaway Throwaway] Rk bk L, rec R, sd L/cl R to L, sd L; sd R/cl L to

R, sd R commence 1/4 LF trn on triples

(Rk bk R, rec L, pick up R/L, R; sd & bk L/cl R to L, sd L commence up

to 1/2 trn on the triples,) to LOP/LOD,

[Rk, Rec] Rk apt L, rec R to LOP LOD;

8 -

9

[Chicken Wks] Bk L, -, bk R, -(w/swivel action fwd R, -, fwd L, -); Bk L, bk R, bk L, bk r (w/swivel action fwd R, fwd L, fwd R, fwd L;);

10 -

14 CHG R TO L ~ RT TRNG FALLAWAY W/GLIDE TO SD ~ RK, REC, SLOW WK, PU; ; ; ; ;

10 -

14 [Chg R to L] Rkapt L, rec R, sd Ltrng¹/₄ LF/cl R to L, sd L(Rk apt R, rec L, sd & fwd Rtrng³/₄ RF under joined ld hnds/cl L, sd R); sd & fwd R/cl L, sd R, (sd & bk L/cl R, sd L,) to LOP/COH, [Rt Trng Fallaway w/Glide to Side] Rk apt L, rec R to fc, commence ¹/₂ RF trn sd L/cl R to L, complete trn sd L; Sd R, XLIF of R, sd R/cl L to R, sd R (Rk apt R, rec L to fc, commence ¹/₂ RF trn sd R/cl L to R, complete trn sd R; Sd L, XRIF of L, sd L/cl R to L, sd L;) to SCP/LOD; [Rk, Rec, Slow Wk, PU] InSCP rkbk L, rec R, fwd L, -, fwd R, -(In SCP rk bk R, rec L, fwd R, -, fwd L commence LF trn to fc ptr CP/ RLOD, -;) to CP/LOD;

PART A2

1 --4 OP TELE; 1/2 NAT TRN; SPIN TRN; FEATH FINISH;

1 -

4 Repeat Meas 1 to 4, Part A

5 --8 REV WAVE; ; CL IMP; BK, SD, DRAW;

5 -

8 Repeat Meas 5 to 8, Part A; ; ; ;

9 --12 NAT WEAVE; ; HOVER TELE; OP NAT;

9 -

12 Repeat Meas 9 to 12, Part A; ; ; ;

13 -

16 OUTSD SPIN; OUTSD CK; HES CHG; QK OP TELE 4 FC WALL;

13 -

14 Repeat Meas 13 & 14, Part A; ;

15 -

16 Repeat Meas 3, Intro; [Qk Op Tele 4] Fwd Lcomm LF trn, sd Rcont trn, sd & fwd L, thru R (W bkR

QQQQ comm Lf trn, cl L to R for heel trn, sd & fwd R, thru L;) to CP/Wall;

REPEAT PART B

PART D

1 --4 DIAMOND TRN; ; ; ;

1 -

4 [Diamond Trn] Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp R, -, sd L, fwd R outside ptr in BJO (Bk R

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5 --8

REV TRN ½; CK & WEAVE;; CHG OF DIR;

5 -

7 [Rev Trn ½] Fwd L starting LF body trn, -, sd R continuing trn, bk L line of dance to CP (Bk R starting LF trn, -,

SQQ

close L to R (heel trn) continuing trn, Fwd R to CP); [Ck & Weave] Slip R bk under body w/slight contra ck

QQQQ action,-, fwd L comm LF trn, sd R [1/8 LF trn betwn steps 1 & 2 of the weave] w/rt sd lead & slight rt sd stretch preparing to lead W outside ptr; w/rt sd stretch bk L in BJO cont 1/8 LF trn betwn steps 2 and 3 of the weave, bk R to a momentary CP cont to trn LF, sd and fwd L w/ lft sd stretch [1/4 LF trn betwn steps 4 and 5 of the weave body trns less], w/lft sd stretch fwd R in BJO outside ptr (Slip L fwd under body w/slight contra check action, -, bk R comm LF trn, sd L [1/4 LF trn betwn steps 1 and 2 of the weave] w/lft sd lead and slight lft sd stretch preparing to step outside ptr; w/lft sd stretch fwd R in BJO outside ptr, fwd L to a momentary CP cont to trn LF, sd & bk R w/rt sd stretch [1/8 LF trn betwn steps 4 and 5 of the weave], w/rt sd stretch bk L in BJO [1/8 LF trn betwn steps 5 and 6 of the weave body trns less]);
8 [Chg of Direc] Fwd L DLW, -, fwd R DLW rt shldr leading trng LF starting to draw L to R, finish drawing L to R (Bk R DLW, -, bk L DLW lft shldr leading trng LF starting to draw R to L, finish drawing R to L;) to CP/DLC;

END

1 --4 OP TELE; NAT FALLAWAY WEAVE;;;

1 Repeat Meas 1, Part A;

SQQ 2 -

4 [Nat Fallaway Weave] FwdR with RF trn, -, fwd L trng RF w/ rise, rec bk R;]; with rt sd stretch bk L trng W to QQQQ BJO, bk R comm LF trn passing thru CP, with left sd stretch sd & fwd L preparing to step outsd ptr trng 1/4 LF betwn steps 5 & 6 body trns less, with left sd stretch fwd R in BJO outsd ptr DLW (with left sd stretch bk R comm trn to BJO outsd ptr, sd & fwd L comm to trn LF passing thru CP, with rt sd stretch sd R trng LF 1/8 betwn steps 5 & 6, with rt sd stretch bk L trng LF 1/8 betwn steps 6 & 7 body trns less DLW);

5 --8

CHG OF DIR; MINI TELESPIN;; CONTRA CK & SWITCH;

SS 5 -

7 [Chg of Direc] Fwd L DLW, -, fwd R DLW rt shldr leading trng LF

starting to draw L to R, finish drawing L to R
(Bk R DLW, -, bk L DLW lft shldr leading trng LF starting to draw R to L, finish drawing R to L;);
[Mini Telespin] Fwd L commence to trn LF, -, sd R trng 3/8 LF betwn steps 1 & 2, bk & sd L no weight light
pressure inside edge of toe keeping left side in to W/trn body LF no weight to lead W to CP commence LF spin; fwd
L cont to spin LF on L drawing R to L under body, cl R flexing knees, hold, -(Bk R commence to trn LF, -L ft
closes to R heel turn turning 1/2 LF betwn steps 1 and 2, fwd R keeping rt sd in to M/fwd L trng LF twd ptr head to
rt; fwd R to CP keeping head to the left spinning LF drawing L to R under body, cl L flexing knees, hold,););

9 --12 NAT WEAVE;; HOVER TELE; OP NAT;

9 -

12 Repeat Meas 9 to 12, Part A;););

13 -

16 HEEL PULL; REV WAVE;; BK FEATH;

SS 13 -

15

[Heel Pull] Bk L starting RF trn, -, continuing trn on left heel pull R bk to L transferring weight to R at end of stp
ending sd with feet slightly apt, -(Fwd R trng RF, -, continuing RF trn sd L, draw R to L;);

[Rev Wave] Fwd L starting LF body trn 3/8, -, sd R line of progression, bk L diagonally (Bk R starting LF body
trn 3/8, -, cl L to R [heel turn], fwd R diagonally;); Bk R, -, bk L, bk R curving LF (fwd L, -, fwd R, fwd L curving
LF;) to CP/RL0D;

16 [Bk Feather] Bk L, -, bk R w/rt shldr lead, bk L to BJO (Fwd R, -, fwd L w/lft shldr lead, fwd R to BJO;);

17 -

20 BK 3 STP; BK FEATH; FEATH FINISH; HOVER;

17 -

18 [Bk Three Step] Starting with R, 3 bk passing steps (Starting with L, fwd 3 passing stps w heel lead on steps 1 & 2

rising to toe on step 3;) to CP; [Bk Feather] Repeat Meas 16, End;

19 -

20 [Feath Fin] Bk R comm. LF trn, -, sd & fwd L outside ptr, fwd R (W fwd L comm. LF trn, -, sd & bk R, bk L) to
BJO DLW; [Hover] Fwd L to CP, -, fwd &sd R rising to ball of ft, rec L to tight SCP (Bk R to CP, -, bk & sd L
trng to SCP & rising to ball of ft, rec R to tight SCP;);

21 -

22 PU & CL; RT LUNGE;

SS

21 -

22 [PU & Cl] Small fwd R, -, cl L to R, -(fwd L commence LF trn to end

Quick Cues

All About We
Foxtrot/Jive

Intro

Wait 2 Rim Taps & 2 CP DRC;; Hes Chg;; Qk Lft Twist Vine 4 to CP/DLC;

A

FT Op Tele; ½ Nat; Spin Trn; Feath Finish;
Rev Wave;; Cl Imp; Bk, Sd Draw;
Nat Weave;; Hover Tele; Op Nat;
Outsd Spin; Outsd Ck; Hes Chg; Qk Lft Twist Vine 4 to CP/DLC;

A1

FT Op Tele; ½ Nat; Spin Trn; Feath Finish;
Rev Wave;; Cl Imp; Bk, Sd Draw;
Nat Weave;; Hover Tele; Op Nat;
Outsd Spin; Outsd Ck; Op Imp; Thru, Fc, Cl;

B

JV Sd, Tch, Rt Chasse; Rk to Chasse Rolls;; Rk & Unroll;;
Fallaway Throwaway;;, Rk, Rec, Chicken Wks 2S4Q;; Chg R to L;;
Rt Trng Fallaway w/Glide to Side;; Rk, Rec, Slow Wk, PU,;

A2

FT Op Tele; ½ Nat; Spin Trn; Feath Finish;
Rev Wave;; Cl Imp; Bk, Sd Draw;
Nat Weave;; Hover Tele; Op Nat;
Outsd Spin; Outsd Ck; Hes Chg; Qk Tele in 4 to Fc Wall;

B

JV Sd, Tch, Rt Chasse; Rk to Chasse Rolls;; Rk & Unroll;;
Fallaway Throwaway;;, Rk, Rec, Chicken Wks 2S4Q;; Chg R to L;;
Rt Trng Fallaway w/Glide to Side;;; Rk, Rec, Slow Wk, PU;

D

FT Diamond Trn;;;;
Rev Trn ½ Ck & Weave;;; Chg of Dir;

End

FT Op Tele; Nat Fallaway Weave;;;
Chg of Dir; Mini Telespin;; Contra Ck & Switch;
Nat Weave;; Hover Tele; Op Nat;
Heel Pull; Rev Wave;; Bk Feath;
Bk 3 Stp; Bk Feath; Feath Finish; Hover;
PU & Cl; Rt Lunge;