

358 - CAPRI FISCHER

Music: Gunther Noris - Cd.:Evergreens für Millionen - Vol.2 - Track # 7  
- Time:3:27

Available by Choreographer.

Rhythm : Rumba

Phase : IV + 2 + U (Sweetheart + OP Hip Twist + Full Moon (Species))

Choreo : Jos.Dierickx - Beverlosestwg. 14 B 2 - 3583 - Paal - Belgium

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Footwork : Opposite, except where noted.

Release Date : Oct.2011

SEQUENCE:INTRO ABC ABC END

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INTRO

01-04 : WAIT 2 MEAS. In BFLY. POS. to the WALL ; ; NEW YORKER x 2 ; ; R-  
Handshake

01-02 : Wait 2 Meas.in Butterfly Position to the Wall, Lead feet free ;  
;

03-04 : [New Yorker x 2] Thru L trng RF to RLD, rec R trng LF to fc prtn  
& Bfly, sd L, -; Thru R trng LF to LOD,

rec L trng RF to fc prtn & bfly, sd R, -; R-Handshake

PART A

01-04 : OP HIP TWIST to FC FAN LOD ; ; OP HIP TWIST to FC FAN COH ; ;

01-02 : [Op Hip Twist to Fc Fan LOD] Fwd L, rec R, cl L lead W to swivel  
1/4 RF (W bk R, rec L, fwd R/trn 1/4  
RF), -; Bk R, rec L trng LF to prtn, cl R (W fwd L, fwd R trng 1/2 LF, bk  
L leaving R extended fwd no  
weight,-) end FAN POS M fcg LOD ;

03-04 : [Op Hip Twist to Fc Fan COH] RepeatMeas1&2PartA ; -to FANPOSM  
fcg COH;

05-08 : TRADE PLACES x 2 ; ; TRADE PLACES/W INSIDE UNDER ARM TURN ; W  
OUT TO FC ;

05-06 : [Trade Places x 2] With R hnds jnd rk apt L, rec R trng 1/4 RF to  
fc LOD beh W then rel jnd R hnds,  
cont to trn RF to fc ptr & WALL stepping sd & bk L twd COH (Wrkapt  
R,recLtrng1/4 LFto fcLOD in  
front of M then rel jnd R hnds, cont LF trn to fc ptr & COH stepping sd  
& bk R twd WALL) joining L

hnds,-; With L hnds jnd rk apt R, rec L trng 1/4 LF to fc LOD beh W then  
rel jnd L hnds, cont to trn LF

to fc ptr & COH stepping sd & bk R twd WALL (Wrk apt L, recR trng ¼RF  
tofc LOD in front ofM  
then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L twd  
COH),-;

07-08 : [Trade Places/W Ins.UA Turn] Rk apt L, rec R comm to pass R  
shldrs while trng ¼ RF and  
keeping R Hnds jnd, cont to trn RF stepping sd L twd COH,(W rk apt R,  
rec L, fwd R fwd WALL  
spiralling 7/8 LF undr jnd R hnds to end almost fcg WALL, -) -; (W Out  
to Fc) Trng bdy RF to fc WALL  
stp fwd twd WALL R,L,R (W fwdWALL L,fwdR trng½ LFto fc COH,sd & bk L, -)  
to BFLY WALL, -;

09-12 : FENCE LINE ; THRU SERPIENTE ; ; AIDA ;  
09----: [Fence Line] Thru-lunge L, rec R, sd L, -;  
10-11 : [Thru Serpiente] Thru R, sd L, XRIBL, flair L CCW bhnd no wgt ;  
XLIBR, sd L, XRIFL,flair L CCW no

wgt to BFLY/LOD ;  
12----: [Aida] ThruR (W thruL), sdL trnRF to V bk to bk posit, bk Rto op  
fcg RLOD,-;

13-16 : SWITCH/ROCK ; UNDARM TURN ; REV. UNDARM TURN ; CUCARACHA/W TRN  
to VARS WALL ;  
13-14 : [Switch/Rock] Trng LF to fc ptr sd L bringing jnd hnds thru, rec  
rock sd R, rock sd L to end fcg ptr,-(W  
trng RF to fc ptr sd R, rec rock sd L, rock sd R to end fc ptr,-) ;  
[Underarm Turn] Bk R, rec L, sd R (W XLIFR comm 1/2 RF turn, rec R cont  
RF turn to fc prtn, sd L, -), -;

15-16 : [Rev.Underarm] Raise lead hnds lead W to trn LF under hnds  
XLIFR, rec R, sd L (W XRIFL trn LF, sd &  
fwd L cont LF trn to fc prtn, sd R,-),-;  
[Cucaracha /W Turn to VARS] Sd R, recL, clR (W Sd L, rec R, Small sd L  
trng ½ LF) to VARS WALL , -;

Page 2 : Capri Fischer PART B

01-04 : FULL MOON (SPECIES) ; ; ; ;

01-02 : [Fwd Basic/W Swivel for a Cross Body to end Vars COH] FwdL,recR,  
bk&sdLtrngLFtoLOD,

(W Fwd R, rec L, smal lsd R swiveling  $\frac{1}{2}$  RF to COH, -) -; Bk R, rec Ltrng  
 $\frac{3}{4}$ LF to COH, sd R,(W fwd L,  
fwd R comm trng LF, fwd L cont LF trn, -) to L VARS/COH -;

03-04 : [Fwd Basic/W Swivel for a Cross Body to end Vars WALL] Repeat  
meas 1,2 Part A to VARS/WALL ; ;

05-08 : FWD BASIC/ W HIP TWIST to a FAN ; ; HOKEY STICK ; ; R-Handshake

05-06 : [Basic/W Hip Twist to a Fan] Fwd L, rec R,clsL to R, (W Fwd R,  
recL,Smallsd Rtrng  $\frac{3}{4}$  RF to LOD

,-) BkR, recL, sdR, (W Fwd L, fwdR trng $\frac{1}{2}$ LF to RLD,bk L,-) -;

07-08 : [Hokey Stick] FwdL, rec R,clo L, (W Clo Rto L,fwdL, fwd R, -)-;

Bk R, rec L, diag out fwd R,(W fwd

L, trng LF fc undr lead hnds bk R, bk L, -) to BTFY RLOD/WALL -; R-  
Handshake

09-12 : FLIRT ; ; SWEETHEART/W TURN to FC & STACKED HANDS ; BASIC w/  
HEADLOOPS ;

09-10 : [Flirt] Fwd L,recR, sdL leading W to trnLF (W bk R,rec L $\frac{1}{2}$  trng  
LF,sd R,-) to VARS WALL, -; Bk R,

r ec L, sd R leading W to slide in front, (W bkL,rec R,sd L, -) end in L  
VARS WALL -;

11-12 : [Sweetheart/W Trn to Fc & Stacked Hnds] XLIFR shaping twd ptr,  
rec R, join R-R hnds sd L trng W  $\frac{1}{2}$

RF (XRIBL shaping twd ptr, rec L, sd & fwd R swiveling RF  $\frac{1}{2}$  to fc ptr,-)  
to stacked hands , -;

[Basic w/ headloops] Raising jnd R-R hands XRIBL & join L hnds low, rec  
L bring R hnds down L hnds

up, bringing L hnds over M's head sd R trng  $\frac{1}{4}$  LF and raising jnd RR  
hnds over W's head (W fwd L

trng RF under jnd R-R hnds, fwd R cont RF trn, fwd L cont RF trn under  
jnd R-R hnds,-), -;

13-16 : BACK BREAK to HALF OP ; OP IN & OUT RUNS ; ; SPOT TURN ;

13----: [Bk Break to  $\frac{1}{2}$  OP] Releasing all hands but leaving M's R & W's L  
arm on ptr's shdr trn LF (W RF) to

fc LOD bk L, lowering arms to ptr's bk rec R, fwd L, -to  $\frac{1}{2}$  OP LOD ;

14-15 : [OP In & Out Runs] FwdR trng RF to fc ptr&RLOD,trng RF fwdL to  
fcLOD, fwd R(W fwdL,R,

L,-) to L- $\frac{1}{2}$  OP LOD, -; Fwd L, R,L(W fwd Rtrng RF to fc ptr &RLOD,trng  
RF fwd L to fcLOD, fwd R)

to  $\frac{1}{2}$ OPLOD;

16----: [Spot Turn] Relg hnds XLIFR (W XRIFL) comm trng  $\frac{1}{2}$  LF, rec R cont  
trng LF to fc prtn, sd R, -;

PART C

01-04 : BASIC to NATURAL TOP ; ; CUDDLE x 2 ; ;  
01-02 : [Basic to Nat.Top] Fwd L, rec R, sd L trng RF (W bk R, rec L,  
fwd R btw M's ft,-) to CP RLOD, -;  
Cont RF trn XRIBL, compg  $\frac{3}{4}$  RF trn sd L, cl R to L (W sd L, XRIFL btw M's  
ft, cl L to R) to CP WALL, -;  
03-04 : [Cuddle x 2] Sd L with l sd stretch, rec R, cl L with R sd  
stretch placing L hnd on W's R shldr blade ldg  
her to cl pos, (W trng  $\frac{1}{2}$  RF bk R with R sd stretch free arm out to sd,  
rec L with L sd stretch, fwd R  
with L sd stretch plcg R hnd on M's L shldr trng  $\frac{1}{2}$  LF blending to cl  
pos, -) -; Sd R with R sd stretch,  
rec L, cl R with L sd stretch placing R hnd on W's L shldr blade ldg her  
to cl pos, (W trng  $\frac{1}{2}$  LF bk L  
with L sd stretch free arm out to sd, rec R with R sd stretch, fwd L  
with R sd stretch plcg L hnd on M's  
R shldr trng  $\frac{1}{2}$  RF blending to cl pos, -) -;

05-08 : CUDDLE/ W SPIRAL to a FAN ; ; ALEMANA FROM a FAN ; ; 1° TIME R-  
Handshake

05-06 : [Cuddle/W Spiral to a Fan] Sd & slightly fwd L shape twd ptr,  
rec R, cl L (W trn RF  $\frac{1}{2}$  bk R, trn LF  
 $\frac{1}{4}$  to LOD, fwd R /spiral LF), -; XRIFL, cl L to R, sd R( W Fwd L, fwd R  
w/1/2 trng LF fc RLOD, bk L,-;), -;

07-08 : [Alemana from a Fan] Fwd L, rec R, cl L lead W to turn RF, -; (W  
bk R, rec L, fwd R comm RF swivel, -;)  
Bk R, rec L, sd R (W Cont RF turn under joined lead hands fwd L, cont RF  
turn fwd R to fc prtn, sd L, -;)  
ONLY 1° time R-Handshake, -;

ENDING

01-04 : BASIC to NATURAL TOP ; ; AIDA to REV. ; SWITCH/LUNGE & EXTEND  
ARMS ;  
01-02 : [Nat.Top] RepeatMeas1& 2Part C ; ;  
03----: [Aida] Thru L(W thru R), sd R trn LF to V bk to bk posit, bk L  
to op fcg LOD, -;  
04----: [Switch/ Lunge & Extend Arms] Bk & sd R bringing joined hnds  
thru Slight Body Trn RF Look at Ptr,  
relax R knee to lunge line & extend both arms horizontal, -, -;

Page 3 : Capri Fischer

Capri Fischer (Jos Dierickx)

Rumba IV+2+1 (Sweetheart, Op Hip Twist -Full Moon (species))  
Intro ABC ABC End

Intro (Bfly Wall)

Wait ;; NY2x; Hndshk ;

A

Op HipTwist to Fc FanLod; ;Op HipTwist toFc Fan Coh ;;  
Trade Places 2x ; ;  
Trade Places w/W Insd Undrm Turn ; W Out to Fc ;  
Fence Line ; Thru Serpiente ; ; Aida ;  
Switch Rock ; Undrm Turn ; Rev Undrm Turn ;  
Cucaracha W Trn to Varsou Wall ;

B

Full Moon ;; ; ;  
Fwd Basic W Hip Twist to Fan ; ;  
Hockey Stick ; Hndshk ;  
Flirt ; ; Sweetheart W Turn to Fc (Stacked Hands) ;  
Fwd Basic w/Headloops ; Bk Break to ½ Op ;  
Op In& Out Runs ;; SpotTurn ;

C

Basic Nat Top ; ; Cuddle 2x ; ;  
Cuddle W Spiral to Fan ; ;

1:

Alemana ; Hndshk ;

2:

Alemana ; ;

End

Basic Nat Top ; ;

Aida to Rev ; Switch Lunge & Extend Arms ;

